2022
AIDI VOICE
爱迪最强音

第八期

启迪



OFFER VOICE

2022 - 2023

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四联 CONTENTS

02 张一堃 ZHANG YIKUN
10 叶广程 YE GUANGCHENG
18 赵敏睿 ZHAO MINRUI
26 柴祺 CHAI QI
34 褚天舒 CHU TIANSHU
42 蒋悦瑶 JIANG YUEYAO
50 王晨霏 WANG CHENFEI
58 周怡宁 ZHOU YINING
66 史晓丹 SHI XIAODAN
74 刘瑞淞 LIU RUISONG
82 郭玥 GUO YUE
90 贾志豪 JIA ZHIHAO



张一堃
Zhang Yikun

剑桥大学
University of Cambridge

工程学
Engineering

享受学习、坚持自我、心怀他人，
Being Studious, Persistent and Caring,
这才是剑桥大学所欣赏的模样
That Is Why He Is Recognized by Cambridge University

连续三年稳居年级 TOP1，在多个权威国际竞赛中斩获金奖，A-Level 成绩单上写满了 A*；同时以剑桥大学入学考试 Section2 满分的成绩成为单科状元，相当于全球前 5% 水平；被世界排名 TOP3 剑桥大学竞争最激烈的专业之一工程专业录取 …… 一系列耀眼的标签之下，真实的张一堃是怎样的？他有怎样的过人之处？他又是如何在全球佼佼者中脱颖而出的？

打开回忆的闸门，以笔描摹在爱迪六年时光之下，老师和同学记忆里留存下来的与张一堃相处的故事与细节，还原这个外表内敛的男孩本身的鲜活与真实。从这篇文章，我们将穿过光环和迷雾，一窥这个学霸男孩的丰富思想和精神力量。

What it feels like to be a top student? A student carries enormous glories including ranking in the top 1 for years, winning countless golden medals in the international competitions, achieving A* scores in A-level tests, being a scholar of the section 2 test in the Cambridge enrollment exam and last but not least, successfully enrolled in the major of engineering of Cambridge University, which is one the most competitive majors around the world. Beside all those dazzling titles, let's get to know his true self, and why he is such a champion in every way.

Flash back to the days he spent in Aidi for 6 years, endless memories surrounded with him, the everyday details of his life told by his teacher and classmates have forged a vivid portrait of him - a boy with strong mind and great ambition.

1 被最高学府录取的背后是周全准备后的成竹在胸

张一堃身上有一种超出年龄的谦逊低调：他很少对自己的事情夸夸其谈，也很少跟别人说自己会达成什么成就，甚至每次考试结束，被问及本场考得如何时，他的答案都是“还可以”。但是让与他朝夕相处三年的老师们听到耳中，这简单的言语也就约等于肯定答案。

果然，成绩出来，又是第一。自张一堃从国际初中升入英国高中起，他已经连续三年稳居年级TOP1了。

张一堃是整个年级里人所共知的学术大神。有许多老师经常邀请他给学生们讲课，也有许多同学来找他讲解习题。有一天临近数学课下课，老师征求同学们对剩下几分钟如何安排的建议时，同学们一致表示想要张一堃讲一下物理，因为临近物理考试，多聆听一些来自学霸的经验和知识分享，没准他们就能多考一分。

他的“能量”就是如此强大。他有着极强的学习能力，一以贯之的理性思维以及全神贯注的专注力。他很会学习，构建逻辑，深度思考，但他不刻板，他也在不断地思考并总结如何把物理知识换种方式呈现出来，让晦涩抽象的概念定律变得通俗易懂。“比如，把电流看作水流，水流动需要有水位差，而要想形成电流也需要有电位差，也就是电压。”已经当过多次“小老师”的张一堃，如今讲起课来游刃有余。

不过，如果你认为张一堃被剑桥大学录取的成就仅源自其天赋，或许你还不够了解他。

袁老师是张一堃所在班级的专职班主任，从高一开始，已经陪伴了一班三年之久。他说他很少在张一堃身上看到过紧张或慌张或急躁，他见到的始终是一个沉稳淡定的张一堃。不过，跟他开玩笑或是聊到他感兴趣的兴趣爱好时，袁老师还是会看到他的激动，“这大概因为他总是把努力放在平时，有条不紊地做好了周全准备，才能遇事沉稳，处事淡定。”

他从不拖延。下定决心DIY申请大学后，他会在十一年级暑假就开始着手进行大学申请的文书撰写，成为班里完成文书初稿最早的人之一。他会制定条理有序的时间规划。在申请之前，他利用课余时间把剑桥大学官网上十几年的试题都做了一遍并总结归纳错题和知识点。而后，我们得知张一堃的剑桥笔试Section2取得了满分9分的优异成绩，相当于全球前5%水平。他也有极强的自律习惯。他也会玩游戏，“但是到了该学习的时间，就会立刻转换状态，绝不贪恋。”

“天赋有可能是成功的一部分，但大多数，是努力和时间的平衡，还有自律的生活方式。”张一堃的老师们将这个优秀的男孩专注奔赴目标所付诸的巨大努力看在眼里，三年的朝夕相处也让彼此有了更多默契和了解，他们帮张一堃将申请之路尽力铺平：升学指导老师孙老师协助他理清文书思路并“数易其稿”；从高一就带班、最了解他的班主任袁老师帮他汇总高中三年的获奖履历；数理化老师在学术提升、专业选择、笔试、面试各方向给予巨大的帮助……

被剑桥大学录取，张一堃自己也没有想到，他没有给自己设定具体的目标。但是在周围所有人眼中，如今的喜讯是这个沉稳且自律的男孩周全准备后水到渠成的必然结果。





1 Full preparation makes confidence, which is essential to the enrollment of Cambridge University

Zhang Yikun is a very modest and calm boy, which is obviously rare at his age. He rarely spoke of himself or bluffed about his achievements. “just so so”, he answered to everyone when people asked about his exam scores, but obviously, the results were always beyond expectation.

No doubt, he always remained the top 1 position, and after he get enrolled by high school, for three years he kept his crown.

Zhang Yikun is famous for his academic achievement, many teachers approached him to let him teach other students. At the end of a math class, when teacher asked students for time allocation for the last a couple of minutes, students all voted for physics teaching by Zhang. Because they have a shared agreement that he would help them achieve higher scores.

He is such a person of “super power”, with exceptional learning skills, rational mind and strong concentration. He uses his own “language” to amplify physics and builds up his own logical world of physics, no matter how complicated a thesis is, he can always explain in a clear way. “Just like the steam of water, you need to make the platform uneven to make the water flow, same thing with electricity, the voltage is produced by potential difference”, such a vivid metaphor, explained by Zhang Yikun.

But if you perceive talent is not the key element of his enrollment to Cambridge University, you are definitely wrong. Teacher Yuan is his form teacher for three years, when speaking of his calmness, teacher yuan attributes this to Zhang' s daily efforts. “He is always well prepared for everything, that' s why he can remain calm and wise”, said by teacher Yuan.

The word “Postpone” doesn' t exists in his language. He was the first one to prepare the personal statement for university enrollment in his class, at that time he was only a Y12 student. Despite making concrete time-line, he was also devoted to the academic preparation. He did all the exams on the official website of Cambridge university for more than ten years and summarized the wrong questions and knowledge points. After that, he attained score 9 in the section 2 exam of the Cambridge written test, equivalent to top 5% globally. He has strong self-discipline, even when he plays with computer games, if time for study, he would definitely cease the game and concentrate on study.

“Talent is important, but not for all. Devotion and discipline are also essential”, His teachers all supported him with the application, since they are the closest people around him in school. Mr. Sun, the college advisor, helped him to sort out his ideas in the personal statement. Teacher Yuan, who has been accompanied with him for 3 years, helped him with resume and awards consolidation. Math, physics and chemistry teachers provided enormous help in the academic improving and exam preparation.

Zhang Yikun seemed surprised at his admission to Cambridge since he didn' t frame himself into a certain goal. But people around all deemed this result a certainty.

2 自由、专注的探索中，他找到了自己的节奏和热爱

张一堃每一步走得都很稳、很实，老师们也会有意识地引导他找到自己的节奏和进度，稳步向前走。在扎实掌握基础课程知识的同时，他也有了充足的空间去探索自己想要深入的领域。

张一堃极爱钢笔写字。如果没有亲眼看到他写字，你很难想象这个男孩在自学的情况下能把字练得那么漂亮。那支被把握的锃亮的钢笔、散发着沉香的墨水和一沓沓字帖，构成了张一堃在听讲之外的乐趣所在。他喜欢笔尖在纸上划过的顺滑又粗粝的感觉，写字是向内寻找自我的过程，能让他最快静下来。而这也塑造了他心性沉稳的一面。

写钢笔字的同时，张一堃喜欢上了收藏钢笔，通过自己的爱好他还延伸了一款创意发明——一支可以通过电子屏看到墨水剩余量的电子钢笔，并参加了一项国际科学赛事“伦敦国际青年科学论坛”，在众多青年理科精英们中脱颖而出，获得金奖。

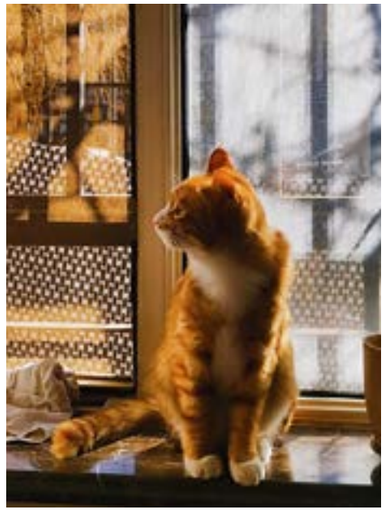
他将物理课上学到的霍尔效应应用其中，在钢笔油墨里上放一块微小磁铁，通过检测漂浮的高度从而检查剩余的油墨量。从设计、构建、测试到分享最终的项目成果，张一堃独自完成并广受众多大学教授、顶尖科学家和评委的赞扬：“将所学的知识应用到现实世界中，将一个一闪而过的灵感瞬间化为具体，他极具天赋。”

专注和钻研，是张一堃对学弟学妹们的分享对话里常常提起的词语。他喜欢亲手制作一些小型的木制产品小木件，从设计图案、研究构造原理、亲手打磨、做出成品这一完整的过程让他着迷，有时候他会沉浸到一种只有眼前这个小木件的状态里——一旦进入这种状态，在长达两三小时的时间里，别人叫他好几声甚至都听不见。

“在我心里，动手与创造是一个很有意思的过程，把所有感官全都调用在这一载体上，人会变得沉静。这让我期待未来的专业学习，相信技术真的能改变世界。”他在亲手制造、不断深入的探索中体会创造创新之美，他在家庭氛围的熏陶下以及自由专注的探索中，找到了自己对工程专业的节奏和热爱。

刨除这些学霸的天赋标签外，张一堃也只是个爱撸猫吸猫的普通男孩。大学申请承受压力时，这些软乎乎的小东西就是他最暖心的慰藉。他开玩笑地说，如果有机会，自己希望变成一只猫，吃饱就睡，睡醒就吃。





注：伦敦国际青年科学论坛（London International Youth Science Forum）创办于1959年，是已故欧洲发明奖获得者菲利浦·格林创办。其宗旨是为各国16周岁及以上青年提供一个了解世界科学前沿领域、分享最新科学观点和探索科技应用的平台，促进青年精英之间的相互理解与沟通。



2 Found his own rhymes and passion in the free exploration to the outside world

Zhang Yikun pursued learning in a steady and strong pace, with the guidance of teachers, he also made his way to develop interests. Zhang loves calligraphy with pen. You will be astonished by his handwriting and hard to imagine this boy all counts on himself for the learning. He is obsessed with the stacks of copybooks, shiny pen and ink scented with aloes, which provide an immersive environment for him to dive into his own small world. This also reflects he owns a calm personality.

In the mean time, Zhang loves collecting pens. And a terrific invention out of his interest towards calligraphy came out - an electronic pen which can showcase the remaining ink in percentage on the surface, has won golden prize in a global scientific competition “ London International Youth Science Forum” in London.

He applied Hall Effect learned in physics class to his invention - through placing a small magnet into the ink tank, he could observe the remaining ink by the reaction of magnet. This invention had been widely recognized by professors, scientists and other judges since from the beginning of the creation till the end, Zhang completed all by himself. They commented “ Zhang is such a talented young peer, he turned the idea into reality all by himself”.

London International Youth Science Forum founded in 1959 by Philip Green who has passed away, with its aim of facilitating the communication of science young talents whose ages above 16 and share the latest science inventions, also providing a resourceful science data base for them to broaden their horizons.

Concentration and dedication, that's how people perceive Zhang in many scenarios. He loves wooden handcrafts, he can immerse himself in the making for hours, from designing patterns, building up inner structure to polishing.

“ In my mind, the journey of creation and handcraft is very appealing to me, you need to call up all your senses for the creation. This makes me look forward to future professional studies and believe that technology can really change the world." He realized the beauty of creation and innovation through hands-on manufacturing and continuous in-depth exploration. Influenced by family atmosphere and free and focused exploration, he found his rhythm and love for engineer major.

Besides his title “Talented Boy”, Zhang is a soft boy who loves playing with cats. Cats provide him with a lot of comforts when he is under pressure. “I would like to become a cat because they are the laziest animals who only care about eating and sleeping”, joked by him.





3 从“一个人”到“一家人” 我永远怀念这如同“家”的氛围

和以往人们对学霸的一些“刻板印象”不同，张一堃在人际交往及为人处世等方面都有着独具一格的魅力。深入了解之后才发现，在他高冷内敛的外表之下，是一颗体贴暖心到极点的细腻心灵。

在众多同学眼中，张一堃值得这个特别的称呼——“堃哥”。做不出题找堃哥，课堂没听懂找堃哥，心情不好还找堃哥，一起玩游戏上分那也必要找堃哥。而张一堃也十分乐意帮助他们解答疑惑，疏解情绪，缓解压力，提供一些学习和生活的建议以及情感上的支持。他还会在同学生日时送上一本亲手题字表示祝福的书。

在老师眼中，张一堃是极为优秀的得意门生，也是体贴细腻的暖心男孩。有一次课堂之上，老师因为生病嗓子哑了，硬撑着身体不适来上课，张一堃第一时间察觉了这种异样，建议道：“老师您回去休息下吧，同学们有什么问题可以来问我。”许多老师都不禁感叹，有这样的学生，对于老师来说是一件幸福的事。

“他看起来高冷，但是他总能给人安全、信赖的力量。他言简意赅，但总是用实际行动体贴支持着他人。他可能不会轻易许诺，但只要承诺过的事，就一定会尽力做到。”北京爱迪学校英国高中部副校长邹菁言语之中不吝自己的赞美和肯定，“因为他明白，一并交付的除了承诺，还有承诺背后的责任与担当。”

而这种力量也影响了班级的氛围和人与人之间的关系。朝夕相处了三年的老师同学形成了宛如家一般的环境，为每个人带来了温暖和热情。他们互相帮助、彼此支持。学生们分享生活和学习的困扰，遇到困难时获得及时、有效的支持。老师们与学生建立亦师亦友的关系，提供无微不至的关怀与成长指引。最重要的是，这种如同“家”的归属感，让身处其中的每个人得以获得慰藉和能量，这种如同“家”的氛围，已然在潜移默化中引导着这群青少年成长起来。

对张一堃来说，即使时隔多年以后，他还是会记得，这帮彼此支持的同学，这些默契陪伴的老师，这充满积极、传递善意的大家庭。

深夜，在宿舍和老师谈心；傍晚，和同学一起吃过晚饭漫步操场；放假，和队友一起在游戏里并肩作战，每一个夜晚，在宿舍和室友一起讨论难题……

收到剑桥录取邮件的那个晚上，他耐心且细致地给从初中到高中教过他的每一位老师都发了一条感谢信息，“我被剑桥录取了，谢谢老师的教导。”而每个老师都为这个即将迈向辉煌未来的大男孩致以最真挚的祝福和期盼。

与张一堃交流的过程是既轻松又烧脑的。轻松，是因为和其相处模式，尽显本人的随和，一问一答的简易形式更似朋友聊天，聊起来尽是娓娓道来的流畅、自然。烧脑，是因为理工男的内敛和谦逊，让他的表达方式总是化繁为简，然而细加琢磨后呈现于表象背后的享受学习、坚持自我、心怀他人种种特质，才是被剑桥大学所欣赏和青睐的青年所应有的模样。

正如我们所期盼的，这个淡定且坚定的男孩，终将凭借那一腔鸿鹄志和一步一个脚印的行稳致远，冀望未来，大道宽广。

3 From ME to WE Aidi family has left marks on my soul forever

Different from the stereotype of being a straight A student, Zhang is very popular among his peers. He is a gentle and detailed boy underneath with a cute nick name “ Kun Ge”. If you are in trouble solving math problems or in bad mood, you can find Kun Ge. And Kun Ge is a absolute winner in the world of computer games. Kun Ge always cares for his buddies and he would prepare delicate gifts for them on their birthday, including a book with his handwriting on it.

In the eyes of his teachers, Zhang is an excellent student and also a sweet boy. Once in a time when a teacher was not feeling well, Zhang spotted out immediately and persuaded teacher to come back to rest and he took care of other peers. Many teachers have great impressions of him because of so.

“He seems like a distanced boy, but deep inside, he is reliable and always fulfilled his commitment if he once made it” Zou Jing, Vice Principal of Beijing Aidi School British Senior Education, used all her strength in praising him “because he understands the burdens behind those commitments, and he's willing to take them” .

This power also affects the atmosphere of the class and the relationship between people. Teachers and classmates have been living together for three years, now they are more like a big family, bringing warmth and enthusiasm to each other. They help each other and support each other, and the most important thing is the sense of belonging, which allows everyone to be comfortable here.

For Zhang Yikun, for sure he will remember this big family and those classmates after years, remember all those nights they stay together in the dormitory and wandering around the sports fields, and those nights studying for higher scores.

The night when he received the admission email by Cambridge, he texted every teacher who has taught him a thanks note. And we believe this boy will carry tons of blessings by teachers to step into The University of Cambridge.

The communication with Zhang is easy but also need in-depth review. Zhang is an easy- going boy and willing to share his daily life with us. But he is simple in words but deep in mind, which need us to amplify his thoughts and that's how we truly approach him deep inside. But whatever it is, he is still a boy, with a studious, persistent and caring personality, which is why he get recognized by The Cambridge University.

Just like what we are looking for, this boy has already embraced his bright future with a goal to release and a dream to come true.





去纽约华尔街，开创自己的黄金时代！
Unlock My Golden Era on Wall Street in New York.

叶广程
Ye Guangcheng

纽约大学
New York University

经济与金融
Finance and Economics

第一次和叶广程约见正值寒冬，他内搭黑色的卫衣，头戴黑色的棒球帽，乍望去，似是个高冷且酷帅的男孩。本以为会是一次艰难的采访过程，然而聊起来竟意外地顺畅，他说起自己的故事时谦逊且生涩，他想不出自己有什么特别的地方值得分享。

叶广程是北京爱迪学校美国高中 2022 届毕业生。老师口中的他是拿到世界名校纽约大学早申 OFFER、擅长数理、履历丰富的优秀学生，同学眼中的他是国服排名前列的游戏高手、十分自律的健身达人、利用专业知识投资并把盈利用于公益的股市操盘手。这个年仅 17 岁，就有着许多不一般标签的“斜杠男孩”，很难不让我们产生好感与好奇：为什么他会涉猎这么多领域都能有所成绩？他是如何在诸多生活的琐碎中寻找重心和平衡的？他在爱迪六年的学习生活为他带来了哪些成长和蜕变？读完这篇 OFFER VOICE 文章，相信一些问题的答案就能心领神会了。

The very first time we met Ye Guangcheng, was the time in the middle of a freezing winter, he wore a black hoodie paired with a black baseball hat, standing there cool and quiet. We thought it would be a tough interview because he seemed like a distanced boy, but it turned out we were wrong, he was a good cooperator and shared his story with us in a modest manner.

Ye Guangcheng is a Y12 student in Beijing Aidi School American Senior Education. From the teacher's perspective, Ye is a straight-A student who gained the NYU offer in the ED selection phase, and who is very talented in Math and Physics. But his peers described him as a superior computer game player and a fitness freak, and also, a stock market trader who would use the money he earned to support charity fund. We couldn't help wonder about his life plan and time management skills - how can he manage his school record so well and meanwhile keep pursuing his interests? And how does Aidi shape him in the past 6 years? Let's find the answers in below article.

1 经济与金融，让他面对选择时更加理性、从容



最初，叶广程只是对这种以钱生钱的“游戏”十分感兴趣。第一次接触到与金融有关的概念，是在叶广程将自己的“lucky money”（压岁钱）存入银行时，他被告知一年后将获得收益。之后，他每年都会将“lucky money”存入银行，兴奋地看着自己不断积累起来的财富。

一节商务课上，“什么东西赚钱”引起了课堂上学生们热火朝天的讨论。直播带货、科技研究、稀有资源等等都被提及。“那为什么这些会赚钱，而不是别的？”面对同学们迷惑的追问，商务老师张达老师举了许多通俗易懂的例子让学生们困惑消弭：尖端科技大多凤毛麟角，资源本身就有稀缺性，因而多被商用，而直播和带货则是因为人们的需求而促进形成。他最终总结道，“要学会透过现象看本质，很多生活中与自身息息相关的现象都可以用经济学理论来解释。”

这是一节平常的商务课。但是那一课，让叶广程对于经济、社会、人性以及它们之间的相互影响、相互制约有了一个前所未有的清晰认识；也是那一课，让叶广程跃过功利性的目的，发自内心地对一个个金融现象的本质产生强烈的好奇和探索之心，引领他进入到更深层次的金融学习。

从选课、实践活动到暑期课程，叶广程去到更多纵深的经济与金融领域里自主思考、深入研究。他修了AP经济课，这帮助他探索各种经济活动如何通过市场影响到各行各业和个人生活。他修了AP统计和AP计算机，这让对数字十分敏感的叶广程开始用工具、建模进行高效的数据分类和整理，例如预测未来趋势，或总结某个公司企业过往的发展状况。他参与了芝加哥大学开设的“股票组合和金融投资数学模型”课程，学会了使用Python编程和矩阵计算进行股票收益和投资风险分析，寻找最优投资组合。这些都对他未来想要从事的领域打下坚实的基础。



2021年夏天，还在11年级的叶广程与赵行方以及几位同班同学自创投资社，真正接触金融实践。一开始他轻率地选了几手西部矿业股票，上来就亏了两千多。也正是这次决策失误让他意识到急于求成的心态放在投资上是会出大纰漏的，面对选择时需要理性、从容。

之后，叶广程埋头研究市场趋势，更加谨慎地做判断和决定，运用计算机建模、统计等工具对股票进行估值，与伙伴讨论投资策略和资金配置。终于，在一次大收盘后他们加仓的股票涨停，盈利28979元。

这不是十分庞大的数额，却是这段时间埋头研究不断实践的时光的最好见证。之后，经过投资社所有人的同意，他们将这笔钱全数捐赠乡村女学生教育基金会，用这种慈善的方式将金钱的意义得以延续升华。

1 The knowledge and tactics he gained from learning Economy and Banking has turned him into a mature man with rational thinking.



At the very beginning, his initial impression about Finance was he could gain interests from the principal - He put his lucky money into the bank and was told he could claim a sum of interests after 1 year. After that, he saved his lucky money every year in the bank and watched the amounts rolled up every year, which excited and motivated him a lot.

In the Business Class, a topic “ what makes money” triggered hot discussion. Some mentioned livestream show industry, while some others mentioned technology industry was very profitable. And there were a lot of questions about for what reasons had made these industries profitable. Business teacher Zhang Da replied “ the rarity of top technologies makes the respective industry very profitable, and livestream show industry emerged along with the rising demand of consumption, so everything happens for a reason, we could use the financial regulations to explain a lot of phenomenons.”

This was a normal business class, but through that, Ye got a deep and clear understanding about the inter-dependence and mutual restraint between economy,society and human nature. And from that class, he knew that finance was not only about making profits, but it was a big word that contains countless theory and regulation, his eagerness of learning finance was triggered at that moment.

From selecting courses, social practices and summer vacation program, Ye dived into the finance learning widely and deeply. He took an AP Economics Class, which helped him explore how various economic activities affect businesses and individual lives through markets. He started building system for statistics categorization by using the tools he learned through AP Statistics and Computer Class, the system he built could later be applied to predict future financial flow or summarize the past performance for companies. He participated the program “Stock Portfolio and Mathematical Model of Financial Investment” chaired by Chicago University, in which he started learning Python and Matrix calculation for stock returns and investment risk analysis, thus to secure the most profitable investment match. All those endeavors have laid solid foundations for his future path.

In the summer of 2021, Ye co-founded Financial Investment Club together with some of his peers, which was the very time for him to get in touch of the real financial practices. His investment was quite random at the beginning and he chose Western Mining stock for trial practice and ended up losing more than 2000 yuan. And until that time he began to understand his eagerness to earn quick money would lead him to nowhere, and also the importance of being careful and rational when made financial decision.

After that, he began to dive into the financial market analysis study to help him make wise decisions. He used computer modeling statistics and other tools to value stocks, and used the research results to make investment plan and money allocation plan with his mates. His efforts had not failed him, he eventually earned 28,979 yuan through one of his stocks. After discussion, Ye and his peers decided to donate to EDRC (Educating Girls of Rural China) to make their own contribution to our nation's charity business.

2 从撸铁中找到的不断突破自我的快乐



如果说对经济与金融的着迷让他在人生价值上有了更为理性、准确的方向，那么健身则锤炼了他坚韧、不懈、勇于突破的心性。

4点半，结束了自己一天的课程，叶广程去健身房开始了今日份的“撸铁”安排。今天计划比昨天再加五公斤，手臂肌肉收缩、膨胀，连呼吸都变得高亢起来。

体育运动是很多爱迪学生都会在课后进行的活动，在浓郁的氛围下，越来越多的学生从运动中找到了乐趣。纵然如此，叶广程仍是其中最令人印象深刻的学生之一。

他向我们展示了自己一年前的照片，一个消瘦的、甚至可以看到肋条的瘦弱样子。难以想象，短短一年时间，他蜕变成了现在健硕的、手臂收紧就可以看到蓬勃的肌肉、充满了力量和线条感的模样。

“怎么做到的？”叶广程被问过许多次这样的问题，他很坦诚地讲出了自己的答案——“找到自己喜欢的运动方式，发现简单的快乐，然后坚持”。

“在过去，承重几公斤蹲腿可能一个都蹲不了，而练了一周后，已经可以蹲十个了，这就是快乐。健身就是要在不断的突破中寻找快乐，这种强迫自己突破自身极限的瞬间，让我觉得很满足。不知不觉中你就会发现原来你坚持了这么久，原来你已经换了个模样。”叶广程回忆自己刚开始健身的时候，笑着说。而他也在一次次这样的过程中，完成着对健身技巧的精进和对自己内心的锤炼。

不过，让他没有想到的是，这种不断向上的正向能量也影响了其他人。在叶广程的带动下，宿舍全员开始加入到体育运动行列，他们一起去健身、一起打篮球、一起享受体育带来的酣畅和热血。甚至有一位同学在历经几个月的汗水挥洒后成功减脂二十斤。

教过叶广程的老师这样形容他：“他看起来很佛系，然而他的内心有极强的毅力和对不断突破自我的渴望。他会为了一件事全力以赴，会不停地突破自己的时间，突破自己能力。”

他可以为了说服父亲蛋白质对健身的益处而查阅许多资料，包括蛋白质对肌肉生长如何促进，摄入量比重如何最大化；也可以为了在游戏中打上国服，深研战术，苦练技术；同样，也会为了在学校大型科学项目“流言终结者”的主持中取得胜利，从一个从没有公开演讲经验的内敛男孩成长为在讲台上对国际货币政策的发展侃侃而谈的自信领导者。

“在爱迪，不需要死板地按部就班，不需要固执地循规蹈矩，我可以按照兴趣在自己喜欢的领域尽情探索。”广泛的兴趣爱好以及丰富有爱的多元成长环境，给了叶广程诸多的“仰望天空、脚踏实地”空间，让这个过去瘦弱、内向的男孩变得自信敞亮、朝气蓬勃。在爱迪学习生活的这六年让他深深感受到：这一切都是有意义的，对自己、对人生、对未来都有帮助。



2 Found my infinite possibilities through weight lifting

If his obsession with banking kind of lead him to a more rational way of life planning, the time he spent in gym has shaped him not only in his figure, but also his strong mind and persistence character.

At 4:30pm, Ye started his workout plan. By adding 5 kilos more weight comparing with yesterday, Ye apparently tired harder with his breathe got heavy and muscle became very tight.

Aidi students love sports, more and more students get involved in sports activities after class. Even so, Ye is still one of the most exceptional students among sports enthusiasts in Aidi campus.

He showed us a photo of him one year ago, a skinny young boy whose ribs were very clear. It was hard to imagine that he only used one year to transform into a completely different figure, a muscular boy who is powerful and strong.

“How you did it?” Ye has been asked by a lot of people for many times, he confessed “ If you find a sport you like and always stick to it, you will taste the happiness of it very soon”.

“In the past, I can only do squats carrying a few kilos. But i could do ten after 1 week practice, this is exactly my source of happiness. You workout really hard and push your limits and the good results will come naturally”, Ye recalled the time when he first set foot into the gym. And he himself has accomplished the his goals during all those practices.

But what really came out of his expectation was his positive influence on others. His dormitory mates began to workout and played basketball together with him, One student even lost 10 kilos of fat after several months of sweat.

“He looks very peaceful and quite, but we know deep inside he has a very strong persistence and eagerness to break the record. He would pursue for 1 goal with all strength, and whatever it takes, he would make it work” said by Ye's teacher.

In order to persuade his father about the advantages of protein do to fitness, he searched a lot of information to convince him, including how it promoted muscle growth and how to maximize the amount of protein consumed. He could also spare all efforts to research tactics in the computer game in order to be enrolled into the national race. Similarly, he went from being a reserved boy with no experience of public speaking to a confident leader on stage talking about the development of international monetary policy, only because of his hard work and determination to win the program.

“ In Aidi, I could always have my free exploration to my interested fields without being controlled or restricted”, said by Ye. Aidi provided this young man with resourceful soil to grow up, from a skinny and reserved boy to a confident and bright man, he has spent 6 colorful and meaningful years in Aidi campus.



3 勇往直前的可期少年
创造属于自己的黄金时代

叶广程算是王者荣耀最早的一批玩家了，他手速快，意识好，常常一个人carry了全场，有时一通操作看得人眼花缭乱，带着年轻人特有的莽劲儿。他也用这一手结交了许多有意思的朋友。同学眼中的他是一个可以玩起来很“疯”的人。但是他心中自有一把戒尺：到点该学习了。

数学是叶广程擅长的学科之一，每次攻克学习难题时，他都是一副雷打不动的状态，桌边水杯里的水总是由热变凉，换了热水再变凉。快速进入学习状态之后，他总是能心无旁骛地求知，享受那种困惑消弭的乐趣。游戏的快乐和轻松让人容易颓废和涣散，但是叶广程总是可以在各种情绪诱惑中找到自己每个阶段的重心，并将时间、精力合理分配。

叶广程会把自己的日程安排得条理且紧凑。“斜杠青年”式的生活与学习，使得他学会了在有限的时间里，同步处理多个事务。他提到一个词——“专注”。他说，无论做什么，都要集中精力，专心去做一件事：在学校学习好、在家游戏打好、在健身房训练好。





关于自己的未来，叶广程想向着量化金融前进，“从事量化交易，必须是精通金融和计算机语言的复合型人才，金融、建模、编程缺一不可。”这将是一条崎岖且漫长的路，而他从不畏惧，“虽然以我现在的知识储备，谈论任何对未来金融发展的变化都有点过于好高骛远。但我坚信， 随着互联网时代的来临，计算机和各学科将更紧密地交织在一起，对金融而言也一样。想做一个顶级的交易者，我需要优异的计算机能力和数学水平，这些都是我一直在学习的。”

纽约大学就是叶广程向往的梦校。纽约素有世界金融中心之称，一座金融城市从财务危机到经济繁荣，历史长海中的每一个细节都会带来成长和思考。在那里，有太多传奇的人生、前沿的思想、领先时代的见解……他渴望走进那里去创造自己的黄金时代。

叶广程的成长故事向我们展现了新一代青年的独特风貌：包容并蓄的教育氛围、不设限的成长经历、较早觉醒的自我意识、对所学专业本质的理解、对未来所从事领域的期待，让他的身上有一种极其轻快、自信、自由、谦逊的特质。这让我们相信，纽约大学的学习只是他精彩人生的一个阶段性里程碑，他将去到心中向往的金融中心纽约华尔街，去创造属于自己的黄金时代！



3 Go young man, usher in a new stage in New York!

Ye is one of the first bunch of players of the game “Honor of King Heroes”, he is fast in operation and sensitive in detecting risks, thus he often plays the leader' s role in the game. He made many new friends through the game and in his friends' eyes, he is a crazy young pal. But Ye has a strong self discipline - always be ready when the time for study comes.

Math is his strength subject, he can sit still for hours when encounters math problems, even until the water in the cup turns to cold. He really does enjoy the sense of achievement when he solves a math problem, comparing with the happiness computer games brought to him, learning new knowledge also excites him profoundly and deeply. And he can always integrate learning with play, no one is more focused than him when he studies.

Ye is an excellent time management expert. Even he gets broad interests and heavy study loads, he can always get himself well prepared for everything. Speaking of his “secret weapon” of the time management skill, he mentioned a word “ focus” - No matter what you do, always lay 100% focus on it and you will eventually make it.

For the future, Ye plans to march into the field of Quantitative Finance. “Being an expert in Quantitative Finance not only requires financial knowledge and computing language, molding and python are also essential. Even with my current knowledge of banking, it's a bit arrogant to predict future flows, but I have strong belief that internet and computer will play a vital role in the future banking system, that's why I need to continue learning mathematics and computer skills.” said by Ye.

NYU is the dream school for Ye , since New York is not only the world's economic center, but also a historical city which has witnessed countless ups and downs. Too many epic stories happened there, and so does Ye Guangcheng, he's ready to usher in a new stage in this brilliant city.

Ye Guangcheng's story has unveiled to us about what a exceptional modern teenager should be. Unique in mind, professional in majors and broad in interests, these are all very important qualities. We strongly believe that NYU is only a start for him, this young man will conquer the world and unlock his own golden era soon!



赵敏睿
Zhao Minrui

香港大学
The University of Hong Kong

数学
Mathematics

斩获香港名校大满贯的数学女孩儿！
A Math Girl Who Won Over Universities Applications in Hong Kong.

若要用一个词来形容这次采访的感受，我们想用“清晰”二字来还原。眼前这个女孩带着青春特有的灵动、活泼，声音轻快软糯，能让人很快地亲近和放松下来。但她始终沉静、清晰、有条不紊地诉说着自己对数学的热爱、对未来的规划，让听者随着她的节奏沉浸到那一片充满理性思考的世界中，让人不禁感叹：“不愧是学数学的。”

这个实现香港大学、香港理工大学、香港中文大学等香港名校大满贯的女孩，是英国高中优秀毕业生赵敏睿。她自 10 年级来到爱迪之后，发生了巨大的变化，有了热爱的专业方向，从内向羞涩变为开朗自信，申请到了喜欢的学校，拥有了一群志同道合彼此支持的朋友。她感慨道，“很幸运，当时来到了爱迪。”

When tracing back to the interview with Zhao Minrui, we are astonished by her rational thinking and clear mindset. The girl who sat in front of us was seemingly a modern and energetic girl with a sweet voice, but after we talked deeper, we found out she was really mature in mind and quick in action. She already set down her future pathway and her dedication for mathematics was solid and consistent.

The girl who has granted the access to Hong Kong's most prestigious universities, including the University of Hong Kong, the Hong Kong Polytechnic University and the Chinese University of Hong Kong, is Zhao Minrui, an outstanding graduate of Beijing Aidi School British Senior Education. “I'm grateful, and thankful to Aidi, and I'm a lucky girl to be here”, said by Zhao, who has transformed from a quiet and introvert girl to a sunny girl during the past 3 years she spent here. More than that, she found a bunch of good friends who shared the same ambition with her, and a major she was dedicated to, and the most importantly, the universities enrollment letter she was craving for.

1 不断追寻，用数学思维解决问题





十年级从公立校转学来到北京爱迪学校的赵敏睿也曾度过一段“适应期”，那时候的她对自己到底想要什么很迷茫，对未来的大学更是没有任何清晰的认知与想法。除了公立校出身的极强的应试能力和踏实良好的学习习惯，她几乎像一张白纸来到这里。

从入学第一天开始，她就感受到了这里与以往学校的莫大不同。每个班不到20人的学生数量，班主任和学术老师对每位学生的高关注度，自由包容的教育氛围，多元广泛的校园活动，最重要的是她觉得自己作为独立的个体是被尊重的、被引导的，她第一次有了掌握自己人生航线的感觉。她开始不断思考：怎么学习？如何规划自己的时间？如何尽自己所能为社会、世界贡献力量？

目前赵敏睿所确定的专业是数学，她说这主要源自数学老师Brenda的影响和熏陶。

赵敏睿的数学老师Brenda是位严厉的老师，但是她的严厉教学风格之下是温柔似水的内心。她敏锐地观察着每位学生的学习心理和状态，又细致地矫正每个学生在学习细节上的失误。除了她在数学教学上极高的专业度外，最令赵敏睿感到意外和钦佩的是，Brenda老师深深为自己能够“用数学思维解决问题”而感到骄傲，这在很大程度上感染了赵敏睿。

“后来随着在校学习的深入，我意识到原来除了在应试考试中获得高分外，数学还可以有其他更深远更有价值的意义。”说着，赵敏睿为我们举了个例子：“2020年，疫情席卷全国。隔离十四天，已经成为了全国人民耳熟能详的防疫措施。但是‘十四’的依据，又是从何而来呢？实际上，统计学家们根据过往病例数据来构建数学模型，获得了新冠疫情的对数正态分布曲线，才找到了降低新冠潜伏风险的最佳隔离时间。除此之外，统计可以帮助人们预测疫情发展、探索新冠病毒来源以及进化史，是抗击疫情不可或缺的一环。”谈起数学来，赵敏睿的眼睛一瞬间星汉灿烂、若出其中。

“在我看来，数学不单单是一组数据或公式，使用者可以借用它去做很多有意义的事情，去解读世界、去解决现实问题。”赵敏睿希望用一组整装的、优美的数学方程式解释世界许许多多的问题和困惑，打破刻板印象里“数学无用”的看法。

对于未来，赵敏睿并没有为自己定下明确的方向或目标，“因为我还没想好未来是否要一直钻研数学，但现阶段我想以数学学科为自己奠定坚实的基础，掌握这一简洁又有用的工具，再通过融合不同学科，探索解决问题的更便捷方式。”

现在的赵敏睿，早已褪去了当初的拘谨和羞涩，变得眼神坚定、目标明确、思路清晰，这条不断修正理想、不断认识自己的过程，重重迷茫，却也惊喜满满，“就像自己曾以为会按部就班经历高考，然后回到家乡工作的我，又怎么会想到会在国际教育的机缘下，开辟一条全新的数学研究之路呢？”



1 Math is a good friend to me, I could always find resolutions to life through it.

She was once a hard “adapter” when she first came to Aidi from a public school. She came as a “white paper” with no clear career plan written on it, nor her own self-evaluation. The only advantages she obtained through public school were the disciplined study habits and the abilities to handle exams.

The very first day she stepped into the Aidi campus, she felt completely different. Because every class only has 20 classmates, thus to make teachers more focus on individuals' development. The tailored education and multiple-pathway development plan for each and every student provided her with numerous possibilities. For the very first time she began to have the feelings of self-navigation, she couldn't help but think about her pathway for the future, about how to learn knowledge more efficiently? How to integrate the learning with playing? And what could be done to contribute to the community and the world?

Now Zhao already set her future major as Mathematics. And she said her intention to learn math was originated from the inspiration and encouragement for her math teacher Brenda.

Brenda is a teacher with strong expertise and high-standard for her students. But beneath her serious face is a gentle and caring heart - she observes every students' study behaviors and mental health and correct their wrongness timely. Besides her expertise, what really impressed Zhao the most was her mathematics thinking pattern - she could use math regulations as resolutions to life problems.

“ Along with the time, I found out math plays a more vital role in life rather than being a subject in examinations”, she gave us some example “ a pandemic swept across our nation since the beginning of 2020, and as one of the most important precaution measure, 14 days quarantine is essential. But how we can set the time as 14 days? In fact, the statistics experts made tons of studies upon this matter, including building up mathematics model to predict the flow of the number of the infections, thus to secure the most appropriate quarantine number of days. Besides that, Statistics knowledge could help predict the future pandemic outbreaks, which is essential in eradicating the disease”. When speaking of the mathematics knowledge, Zhao's eyes were full of excitement.

By her own light, math is not only about equations or statistics, but more about a useful tool to analyze the world and resolve the realistic issues. Zhao wants to break the common sense that math is useless, and she will continue prove to the world that her perspective upon math is correct.

For her future, she didn't actually settle down her development pathway “At the present, I would use math as a tactics to resolve my problems in life, I'm not sure whether I will dedicate my whole life to research into mathematics, but currently that's what I love to do”, said by her.

Now we look at this girl, a girl standing here with firm eyes and clear goals, “Once upon a time, I thought I'm gonna be a obedient girl follows parents' wish and finishes university and come back home for work. But look at me now, who else can have assumed me to be a girl pursing further research in mathematics?”

2 这里的鼓励和支持让我坚定目标奋力向前



和赵敏睿接触愈发深入，感触越发深切：“她就是我们心中优秀女孩儿的美好样本。”她乖巧，在老师长辈眼中懂事大方，满怀青春活力，像一朵含苞待放的花朵，但她又没有被“乖”和“好”牢牢框住，她自主选择、勇敢发声，有着清晰的认知和表达。

她会就自己在一个个数学习题里的成功解密与我们分享她收获的成就感，也会就线性代数在工业生产决策中发挥的巨大作用与我们侃侃而谈。她为数学在现实世界的广泛应用深深着迷，开始主动寻求更多向外求知的机会进行知识的拓展与补充。

在爱迪老师的推荐下，赵敏睿参加了国际科学赛事“伦敦国际青年科学论坛”，在众多青年理科精英们中脱颖而出，获得金奖。在她看来，这是一次帮助自己拓宽知识面、收获颇丰的实践活动。她要在听完讲座后撰写论文，最后面向论坛的所有教授、数学家、青年精英进行介绍及展示研究成果。

赵敏睿的研究主题是“如何用线性代数在工业生产和环境保护中找到一个营收与保护的平衡点”，从而为公司达到利益最大化。在学习过程中，她发现在无论是经济发展或是环境保护上，数学都将发挥至关重要的作用。而各种数学工具，如数据分析（spss）与建模（matlab）可以帮助企业分析整个市场的产品需求量，获得价格最佳点，预测未来需求量等等。这更加激发了赵敏睿对数学研究的巨大动力。

除此之外，赵敏睿还在更多国内国际的相关活动和赛事中锻炼自己并收获了奖项，如澳大利亚数学思维挑战赛银奖、澳大利亚化学奥赛银奖、加拿大公开数学挑战赛铜奖、北美驯鹿数学竞赛前列。她都会全力以赴并沉醉于此，“在一行行数字、符号和公式中穿梭，破译一个个谜题，完成一个个数学竞赛挑战，一切都让我拥有巨大成就感。”

如果说竞赛锻炼了她的思维能力和逻辑表达，那么志愿者活动让她为社区服务的公益意识渐长，校园活动新年歌会让她学会如何统筹规划，帮助小组达到效率最大化。她是活跃于学校各个领域的领导者，她从策划活动、组织同学、安排分工、协调进度、联络各方，有条不紊地做着这一切。

赵敏睿说，来到爱迪之后，自己的每一个转变都得到了来自老师和同学们的巨大支持。当她与新环境周围群体格格不入时，她的班主任以及同学们会给予她最大的支持，陪伴她度过这个心理和行动上的自我怀疑，鼓励她迈出一步去探索自己的热爱；当她表示出自己对数学十分感兴趣的时候，数学老师又会给到她专业上的指导，也会鼓励她去尝试参与数学相关的研究；当她遭遇大学申请拒信伤心流泪的时候，同学们又给予肩膀和依靠安慰她.....

伴随着不断的锻炼、周遭关怀和鼓励而不断丰盈的内心与眼界，从前那个不爱说话、怯于提问的小女孩渐渐不见了踪影。

“我特别感谢爱迪的老师和同学们，他们一直温柔地陪伴着我，让爱迪的时光充满厚度。”赵敏睿满怀感激，“这些温柔的陪伴让我相信，难关是可以渡过的，挑战是可以完成的，而未来，终将芬芳明媚。”

2 The encouragements and supports I gained from Aidi enable me to march to my dream relentlessly

As our conversation went deeper, we can't help but admired this girl - a girl who was the representative of the excellent young generation. She is a well behaved girl in parents' and teachers' eyes, but meanwhile, she doesn't frame herself in a certain stereotype, she always choose to grab her own destiny without being defined by others, and always voice out her own thoughts.

She would share her own sense of achievement when she solved a math problem, or talked deeply about what role inear algebra played in the decision making of industry production. She was deeply obsessed with the mathematics application and meanwhile seeking for other opportunities to broaden her horizon of knowledge.

Recommended by her teacher, Zhao took part in an international competition “ London International Youth Science Forum” and won the golden prize among a group of top students with strong science and mathematics expertise. In her own eyes, this competition was not only about winning the prize, but more about the knowledge and friends she gained from there. She needed to compile thesis after the forum was over, and showed to all professors, mathematics experts and other young talents her work of research in paper.

Her theme of the research was “ how to use inear algebra to secure the balancing point between industry production and ecological conservation?”, the purpose of her thesis was to help companies maximize profits. During the study, she found out how mathematics play a vital role no matter in the economic development or ecological conservation. And among all those mathematics tools, SPSS and MATLAB can help enterprises trace the product demands throughout the market and to detect the best salable price.

Seeing the importance of math in helping the business growing, Zhao was motivated on a large scale to dive into math learning.

Besides this, Zhao often participated international competitions and activities to expand her capabilities. From the silver medal from the Australian Mathematical Thinking Challenge, to the silver medal in the Australian Chemical Olympiad and to the bronze medal in the Canadian Open Math Challenge, last but not least, the top of the Caribou Math competition, she made strides in every single competition. “thinking through all those numbers, symbols and equations, and winning all those medals have given me a great sense of achievement that nothing can be compared with.” said by her.

If by saying that participating in all those competitions has shaped her logical thinking and expression, than the volunteer jobs of her has grew her sense of belonging to the community and service obligations. Also, being a coordinator of the school Spring New Year Gala, she learned the skills of tasks allocation to help maximize the productivity of the team. Not only limited to this, she was an all-round leader in many sectors of school, from planning, coordinating, allocating and corresponding, she was mature enough to handle.

Zhao Minrui also confessed to us that she gained numerous supports since she joined Aidi, no matter from her teachers,but also from her peers. When she joined as a freshman, people surrounded helped her to fit into the new environment and to accompany her to go through the hardships and conquer the self-doubt. When she began to show interest in math, her math teacher spared no effort to teach her herself and encourage her exploration to the broader mathematics world. When she got rejected by universities, her peers offered her with warm shoulders to lay on and comforted her all the time.

“I really do thankful to my teachers and peers in Aidi, who have accompanied me all the time, they made me believe in myself, my power to conquer obstacles and gain a brighter future” said by Zhao.





3 最好的大学是
与我最契合的大学

当她收到了香港大学、香港中文大学、香港理工大学的录取时，赵敏睿兴奋地跳了起来。这就是她从小就梦想着的心仪大学的offer。

从小看着TVB长大的赵敏睿，一直对香港怀揣着好感与期待。无论是武侠题材、都市情景、古装电视剧集还是粤语配音的动画片，陪伴了她从小每一个日夜，那里的街道、那里的人感觉都好似分外熟悉。旺角的街头、油麻地的警署、庙街的排挡，这一幕幕独特的香港城市风情，吸引着她想要亲身前往寻找独特的香港故事。那时她脑海中这样的想法就无比坚定：我要去香港读大学。

对于赵敏睿的这一想法，升学指导老师肯定道：“大学申请是一次双向匹配、抉择的过程，对学生来说，最好的大学是与他们最契合的大学。香港大学与赵敏睿是如此的契合，她也会坚定自己对于大学的理解和规划，为之努力。”所以老师们鼓励所有学生自主择校，并在这个过程中充分了解自己，寻找适合自己的大学。

赵敏睿也在了解学校、查专业资料的过程中愈发清晰、坚定，“香港的大学会先在大一开展全面且不限于该faculty内的教学后再教major的内容。我可以自由选择数学、统计或计算机等作为主修课程，无论是未来就业的前景，还是习得知识的广度，都是我非常喜欢的。”这一想法也收到了父母的赞成和鼓励。

决定了就全力以赴，赵敏睿很快开始了香港大学的申请准备之路。从选专业、写文书、准备推荐信、准备面试，一一有条不紊地规划着。

最终，她包揽了香港顶尖名校大满贯，拿到了自己心仪的offer，这一切的一切，终成为了她不负所爱、勇往直前的勋功章。

天空依然敞亮，太阳仍旧明媚，我们在徐徐清风中谈了很久，赵敏睿轻快的声音留在耳边，脊背随着气氛的放松也没有随意地靠住椅背，仍然挺直。

就是这个看似柔弱的女孩，眼睛中带着一种光，不是刺眼的那种，而是一种充满希望、蓬勃的张力。未来未知，它就像数学符号“∞”一样无法计算又充满无穷无尽的不确定性，但这条路上一定饱含着不断追寻惊喜满满的乐趣。未来向她敞开，而她也将一往无前遵从内心热爱，散发无穷能量。





3 The most suitable university for me, is the best university.

When she received the enrollment letter from the University of Hong Kong, the Hong Kong Polytechnic University and the Chinese University of Hong Kong, she was so thrilled since Hong Kong was always her dream place for university.

Hong Kong has always been a attractive place for Zhao, and TVB TV series has been an indispensable part in her growing-up. Whether it was acrobatic fighting film, costume TV series or Cantonese dubbing animation, those series accompanied her days and nights since her childhood. She is already familiar with every corner of the city, no matter the street corner of Mong Kok, or the police-station of Yau Ma Tei, or even the food stalls on Temple Street. All those beloved scenes have strengthened her decision to go to Hong Kong to accomplish higher education study.

Our college counselor supported Zhao on her decision to go to Hong Kong. “College application is a two-way selection process, for students, there's no best university, but only the most suitable university, and no doubt, Hong Kong University is the best choice for her”, said by the counselor. Our consulting team always supports students to make self-decision, because no one understands them better besides themselves.

And Zhao Minrui also became more and more clear and firm in the process of learning about the school's professional materials. “Universities in Hong Kong will carry out comprehensive but not limited teaching for the freshman in the first year before teaching major content. I can choose Mathematics, Statistics or Computer as my major course on my own will, which I like very much in terms of future employment prospects and the breadth of knowledge acquired”. This idea has also been encouraged by her parents.

Zhao Minrui soon began to prepare for the application of the University of Hong Kong, from selecting majors, writing documents, preparing letters of recommendation, and preparing for interviews. In the end, she won over the applications among Hong Kong's top universities and got the offer she wanted. The key source of momentum is from her love of Hong Kong, and now she made it.

Under the bright sun and soothing wind, we had talked for a long long time. With her crispy voice lingered around, we looked at this girl and spotted a light in her eyes. In math language, we think she resembles the symbol “∞”, who is full of curiosity and mystery. We wish her a bright future, Hong Kong awaits her with a willing heart.





柴祺
Chai Qi

帕森斯设计学院
Parsons School of Design, The New School

时尚管理
Fashion Management

“事情总是呈螺旋式发展，时尚也是如此。今天的流行趋势更像是一个莫比乌斯循环，在一定时期后回归其原点，过去的设计经典再次涌现，形成一股 Archive Fashion。这其中有来自 Influencers 的倡导，有对可持续发展的追求，也有对经典的致敬和重现。但不可否认，archive 的存在对品牌的发展有着极其重要的价值，也展示着时尚未来可能出现的趋势 ……”

在论文上敲下最后一个字，刚刚完成一场头脑风暴，柴祺缓缓吐出一口气，然后望向窗外微微出神，思索着有关美、有关时尚、有关行业大趋势的发展 ……

当我们问起拿到世界 TOP3 帕森斯设计学院时尚管理专业 offer 及每年 $13000 奖学金的她，对未来有何期待时，柴祺一双漆黑透亮的眼睛漾满了自信：我希望将时尚与商科相融合进行跨学科学习，开创自己的独立品牌。

“Things always go in a spiral way, just as fashion does. The 'Mobius cycle theory exists in fashion industry for a really long time. The fashion elements from the old times will reappear in the future from time to time, that's what we call Archive Fashion. The reason why this phenomenon appears can be various, including the leading of influencers, or the calling of classic style and even the pursuit for ecological development. No matter what, Archive Fashion plays a vital part to the reserve of a brand value, and sometimes it can also be a indicator of what the next top hits of fashion will be”.

That's one paragraph written by Chai Qi in her thesis, and she felt so relieved after she finished this part and breathed out long. Then she turned to look at the scenery outside the window, and thought about the trend of fashion industry...

When we asked about her plan and expectation for the future, she, a girl just received $13000 scholarship per year by the major of Fashion Management of Parsons which is among the world's TOP3 art university, replied with her glittered eyes full of confidence “ I plan to establish my own fashion brand which I can apply all the business tactics into it”.

将时尚与商科结合，
Initial My Own Fashion Brand
我将开创自己的时尚品牌
by Applying Business Tactics into the Operation

1 辗转一番之后，她终于找到了人生奔赴的目标

柴祺说，受家庭的熏陶和父母的期望，她一直将商科作为自己的职业发展方向，不断学习着。但有一天，她坐在桌前，翻着手中的时尚杂志，突然产生了一种探索的冲动：时尚行业是怎么运作的？一个时尚品牌如何从默默无闻到广受欢迎？

柴祺在包容开明的环境中成长起来，天性开朗、活泼，敢于尝试。为了培养她的艺术素养，她自小就浸润在艺术教育中，尝试过素描、水彩、古筝、舞蹈，直到现在，她还保持着画画的爱好。

美对她来说，是一直追求且向往的，融在骨子里的东西，她时刻在思考如何以各种形式将美表现出来。“如果深究对画画的热爱，可能因为我有极强的表达欲望，而画画对我来说，是一个比语言更贴近美也更生动的表达方式。”

临近大学申请，看着不少同学早已选定专业并进行自我提升，柴祺暗自着急：相比于单纯地研究经济理论或商业领域，是否有一个更加趋近美的领域？学习了近三年的商科，还能否来得及转入艺术赛道？商科与艺术能否擦出绚烂的火花？

柴祺说，自己的高中生活是在不断转学和转课程的过程中度过的。在10年级的时候，她从爱迪转学到另一所国际学校，之后，又兜兜转转来到了北京爱迪学校美国高中。因为在这里，她发现，无论是选课方面还是活动方面，都有更大的自由度。

没有A-Level的选课限制，她可以选择自己喜欢的课，没有IB课程的学术深度，她可以接触更多元广泛的知识，在学习喜欢的经济和金融课程的同时，她还可以进行艺术领域的学习。

虽然有从小兴趣班打下的基础，但是柴祺没有接受过系统的艺术学习，而爱迪国际艺术高中的课程给了柴祺很大的帮助。“作为美国高中的学生，我也可以选修国际艺术高中的课程进行深造，这给了我们挖掘自身兴趣和潜能的更多可能。在探索阶段，美国高中的艺术老师李琳帮助我确认了适合我的专业方向，经济兼法语老师顾爽帮助我对学术论文主题进行深入研究，以及国际艺术高中的龙老师在我做作品集的时候耐心地帮我修改细节，确认问题。这也是为什么我会在没有系统艺术学习的情况下，敢于尝试时尚管理专业，并成功申请到梦校帕森斯设计学院的关键原因。”

第一次，她有了掌控自己人生航向的感觉，“这一切的一切都让我游刃有余。”她意识到，这方天地才是极为适合自己的土壤。





1 After searching back and forth, she finally found her life goal

Chai said she was always dedicated to learning Business influenced by her parents. But one day when she sat in front her table and read a fashion magazine, an idea suddenly jumped into her head “ How does fashion works? How to operate a brand to make it popular?”.

Chai has grown up in an inclusive environment, thus to shape her open and extroverted personality. And she has always been guiding to employ her great sense of art into her daily habits including sketching, watercolor drawing, guzheng and dancing, until now, she still keeps the hobby of drawing.

The pursuit of beauty lies in her blood, and she has always wanted to express her own understanding of beauty in diverse forms. “ when trace back to the date I fell in love withdrawing, I suppose because drawing gives me a sense of belong, and channels me to express my feeling of art in a vibrant way than language itself”, said by her.

The date to submit application for universities approached, and seeing peers around had already made decisions, Chai's anxiety was mounting. And she kept on considering how to combine the business with art, and if there were a major for her to both learn business and fashion? and whether the time allowed it to happen or not?

Chai said she spent her high school life in constant switching between schools and curriculum, and she joined Aidi at her Y10 transferring from another international school. But she never ever regretted it, since she felt more liberated in either choosing curriculum or engaging in activities in Aidi.

No more course-selecting restrictions like A-Level and without the in-depth academic learning requirement like IB, she finally had more liberty in choosing various courses and meanwhile diving into the field of art which she loved.

Even without solid art basic knowledge accumulated through tons of art classes and systematic art learning, still, Chai has successfully entered into the world of art benefited from the special curriculum designing. “I am a student in Beijing Aidi School American Senior Education, but I can meanwhile choosing art elective courses to expand my knowledge of art. I mean this is a phenomenon because I finally have the chance to explore in my interested field. And art teacher Li Lin has given me tons of support in identifying my strength and weakness, and business and french language teacher Gu Shuang helped me to rectify my thesis, and teacher Long from Art Senior High School helped me with my portfolio management. These have all given me back-up and confidence to apply for the major of Fashion Management of Parsons, and I made it, this victory also owes to their endeavor”, said by her.

For the very first time, she started to feel like she could navigate her own career path and became the master of her own destiny. “ I can manage my situation here”, said by her.

2 持续的专注和广泛的热爱，她在多元的校园里追逐美好

除了用画笔来表达美外，她也在透过戏剧表演的艺术形式展现美。

很多人对柴祺的第一印象是在第一届戏剧节圣诞之夜里《金大班的最后一夜》里那个天真纯洁的年轻的金兆丽，她像飞蛾般扑向心中那团爱情之火，却被烧得遍体鳞伤。她历经了人生的各种转变，从少女时代，一点点蜕变，到最后真诚地和过去的自己对话。

“我喜欢在舞台上表演的感觉，穿梭于戏剧艺术的历史空间，徜徉逍遥自得的审美世界，思考如何让观众通过自己的表演、动作、台词感受到戏剧的本质，通过假定性的象征让观众感受到戏剧审美的核心。我发现人们对美的看法是随着时代而不断变化的，却也是相似的，我们不断重温过去的经典戏剧，搬到现在的舞台上，它们依然有着其迷人而不可撼动的魅力。流行趋势也是如此。今天的流行趋势更像是一个莫比乌斯循环，在一定时期后回归其原点。”

柴祺选修了drama课，观摩学习了很多西方经典戏剧的表现形式，像海绵一样吸收全新的艺术观点、艺术形式、艺术风格、艺术流派，这为她在今后的追寻美的探索与实践上大大拓宽了眼界和思路。

随着学习体系的不断深入，她发现，中西方文化在戏剧之中互为观照、融汇贯通，中西兼容的跨文化意识不仅丰富了西方经典戏剧的表现形式，也为中国戏剧、话剧表演注入了新的活力，塑造了极具创造力的戏剧样式。







随后，她又参演《悬崖之上》中王郁一角，尝试在遵循戏剧风格的基础上发挥独具创造力的个性艺术创造。最终，我们在舞台上看到了一位爱孩子的母亲，同时也看到了一位勇敢坚强、充满智慧的战士。透过这一中西兼容的戏剧形式，这个扎根于中国本土、兼具中国心和国际视野的女孩儿如璀璨星光般成长起来。

她还参加了新年歌会、主持人比赛等许许多多的艺术表演活动。在快餐文化盛行的当下，许多人选择娱乐至上，但在爱迪这座开放包容的象牙塔中，这群学生们则不约而同地选择了艺术。

在学业之外，柴祺就像你我身边每一个喜欢猫猫狗狗、心里有爱的姑娘。她从初中开始坚持做流浪猫救助，甚至还自发成立了一个动物保护社，希望用自己的微薄之力支持野生动物保护事业，呼吁更多人保护动物。

学业上、生活中、舞台上，这个充满自信且阳光的女孩始终在闪闪发光，在爱迪，她也终于追逐到了属于自己的美好。

2 Concentrating on what she loved, she found out where she belonged here.

By her light, the beauty not only lies in drawing, but also in drama.

Many people's first impression of her is the role she played as Jin Zhaoli in the drama The Last Night of Madam Jin. In this script, she is a girl who sacrifice her entire life to pursue love but gets hurt from it from time to time, and after a long and bumpy road, she finally successfully transforms to a mature woman who is authentic.

“ I really enjoy the stage, being around on the stage and getting immersed in the scripts I play give me the feelings of freedom. I found out people's perceptions on beauty are somehow remain unchanged throughout time, just like when we replay the classic dramas created in old times, we still can find them fascinating and that's how we say fashion is a circle, you would always be back to the starting point when the time come”, said by Chai.

Chai chose Drama as her elective course, in which she learned many ways of art expressions in western classic dramas, and she was also open-minded and willing to absorb all the latest views and theories of art, including art forms, perceptions of art, art styles and schools of art. And all those knowledge have broaden her mind and expanded her exploration towards art.

Along with the deeper study in the systematic learning of art, she found out the Chinese and western cultures are mutual-reinforced and somehow integrated in many parts. The integration with western culture has injected impetuses into the development of Chinese drama, and Chinese culture also influences western dramas on its forms of art.

After that, she took the role as Wang Yu in the drama Cliff Walkers and began to explore her own way of art creation. Eventually, she made this character alive-a woman who is affectionate to her child and also a strong fighter with brilliant a mind. And though this experience, she really grew up, and big time.

And she also participated in many other performances and activities related to art. Under the current fast food culture, many people spend their life in vain. But influenced by Aidi culture, students here choose to embrace art.



Besides study, Chai is a lovely girl who likes animals. And she's dedicated to animal care and initiated an animal-protection community since her junior high school. She wants to contribute her own efforts to animal-protection and calls for more and more people's awareness on this.

This confident and sunny girl not only shines on the stage, but in her study and also in her daily life. Most importantly, she found out what she loved in Aidi.





3 做时尚领域的先锋，将自己变作时尚行业的 ICON

柴祺最终选定的时尚管理专业是一门时尚与管理跨学科相融合的专业，它需要对时尚和管理同样有丰富的涉猎和敏感度。而柴祺从初中就开始学习商务课程，扎实的商科知识让她得以用比较宏观的角度看时尚行业，而非设计这种比较细致的角度，她会提出一些行业比较新奇的idea，或者抓到一些行业趋势，以此展开一系列自己的思考。

“随着科技的进步和商业系统的升级，诸如Zara、H&M等快时尚品牌都缩短了生产周期：Zara每年推出24款新服装系列；H&M提供12至16款，并且每周更新。这些快时尚品牌不断向消费者泵送着新鲜感，吸引着消费者持续地消费购物。但是，是否有人想过，这种快速更迭的时尚手段却导致了生产材料的大量浪费、垃圾制造倍增，从而造成了环境的严重破坏呢？”

随着调研的深入，柴祺痛心于一项项快速生产造成的浪费和污染的数据，由此，她调研了大量研究资料，撰写了长达16页的学术论文，总结出了数条可行性建议。每一页都凝聚着她对于fashion business的认知和前瞻性的预测，对时尚行业如何可持续发展的想法。

也许最初对时尚管理和时尚行业的关注就来自多看多思吧，柴祺是一名时尚女孩儿，却比其他shopping girl思考得深远、嗅觉更敏感。除了肩负起社会共同责任外，她也时刻关注着时尚潮流的趋势。

随着“Archive Fashion”的热门，一件过去设计的时装单品款式却可以拍出天价。这种现象令人咋舌的同时，对美有着敏锐嗅觉的柴祺却产生了好奇并开始思考：为什么过去的经典会再次流行?

“Archive直译就是‘档案’，针对时尚这一隅，Archive Fashion则是过去每一季由杰出设计师们所创作出的标志性单品的集合，如Vivienne Westwood在早年间所设计的紧身胸衣或将凡尔赛宫廷文化融入现代廓形的DIOR华丽伞裙.....但是在我看来，Archive Fashion这个词是没有具体定义的大框架。有些人认为是旧衣服，有些人认为是炒作，有人是为了通过 Archive 单品来彰显自己更为独特的时尚品味，也有人认为是为可持续时尚做出贡献的方式。这些都没有错。

无论如何，Archive Fashion有其兴起的意义。在我看来，这一方面可以让我们去感受过去岁月的设计师对作品所付出的心血，另一方面大概也是一种对当下时尚潮流文化的审视。尊重过去的同时，又可以做到创新未来，这可能是 Archive Fashion兴起带给我们更深层的思考。”

柴祺将自己对时尚的思考一一写进报告里，她想在大学阶段进一步研究并完善。这个在时尚领域从接触到了解再到深入探究的过程逐渐占满了柴祺的内心，“我开始希望有一天我能做出自己的独立品牌，它将是一个从内到外可持续的、不断走在创新路上的新一代品牌。”而她，作为新一代青年，也将不惧险阻一往无前。

若要来形容这个女孩，愿用水晶来比喻：坚硬、明亮、反射着光。她有一双透亮的眼睛漾满了耀眼光芒，她说起话来简短、清晰且坚定，为我们轻快地描摹了她从自我审视、不断探知到真正找到自己所爱的心路历程。她也有着义无反顾的梦想终点，有着铿锵不屈的执着个性，其道大光，去奔赴下一段人生。



老师和同学们口中的她，始终以一种极其轻快、自信、自由的样貌出现——在爱迪学生这个集体中，这是很多学生的缩影，也是新一代青年的写照。他们在点滴中建立了自信，并收获了不凡。我们衷心祝愿她有光明美好的未来！



3 Be a fashion pioneer, and be an ICON in her own fashion world

Chai finally made her decision for future development. She chose the major of Fashion Management and this major involves professional knowledge and sensitiveness of both business and fashion. Luckily she has started learning business since her junior high school, the abundant business knowledge enables her to see things in a macro way, especially on fashion industry. That's why she always comes up with cutting-edge ideas and recognizes the current industry trend.

“Is there anyone ever thinks of the environmental damages fashion industry may cause? Just like many brands including Zara，H&M, due to their pursuit of fast-fashion, they have accelerated the production pace, like Zara releases 24 new series and H&M does 12 to 16 series per year, and keep on updated on weekly basis. While those fast-fashion brands provide consumers with the latest fashion elements and attract them to constantly purchase their products, tons of production wastes are also increasing, which are hazardous to our environment, and have people ever thought of this?”, said by her.

That was the initial reason why she started this research. And she was dedicated to dig out the reason and cure of this pollution and waste, so she compiled a 16 pages of academic paper and made solid and practical action plan. Every word of it is a reflection of her deep understanding and foreseeable prediction of fashion business, and also gathers her ideas for the sustainable development of fashion industry.

Maybe her fashion enlightenment comes from daily observations and accumulations, and that makes her also a fashionable girl, but unlike other



“shopping girl”, her sensitiveness for fashion is remarkable. Besides shouldering the social common responsibility, she always looks into the current trends and analyzes them deeply.

With the Archive Fashion gone viral, an old fashion piece could be sold at an astonishing high price. And this phenomenon has raised her interest and she began to wonder why the could have gone popular again.

“The literal meaning of Archive is ‘filing’，but when it applies to fashion, Archive Fashion is a portfolio which contains symbolic fashion pieces of the respective season by various magnificent designers, just like the corselet designed by Vivienne Westwood at early times and DIOR umbrella skirt which integrates with the Versailles court culture...but for me, there's no fixed stereotype of Archive Fashion. Some people perceive this style as merely used clothes and some others think this style is only supported by marketing hype, while also there are a bunch of people use Archive pieces to show up their unique taste and some may perceive Archive is a sustainable development way of fashion. We cannot judge those opinions because there are nothing wrong with them. But anyhow, Archive Fashion exists for a reason. By my own light, Archive Fashion is a channel for us to trace back to the old times and observe those designers' hard working spirit, and meanwhile, we can use it a comparison with the current trend, Archive Fashion can enlighten more and more people because of this”, said by her.

Chai consolidated her thoughts about fashion into the paper, and she will complete it nice and well in the university. This girl has set out her fashion path way further, “I hope one day I could have my own brand, which is a sustainable and innovation-driven brand for the new generation”, and for her, she will march to her dream relentlessly with a young and reckless heart.

We would like to use the word “crystal” to describe her - a girls with solid mind and shinning appearance. Her eyes are always glittered and her words are always simple and clear. She described her inner-exploration story to us. She is also a girl with tenacity and big dreams.

And we believe she is only a microcosm of the Aidi community and also of the young generation. She is a vibrant, confident and free girl described by her teachers and other peers. We sincerely hope she has a brilliant future.





褚天舒
Chu Tianshu

加州大学伯克利分校
University of California, Berkeley

在人生的舞台上，属于他的精彩必将继续！
Ushering in a New Stage in His Brilliant Life

采访之前，我们就已经久闻褚天舒的大名了。他是爱迪学校有名儿的“老戏骨”，他出演的经典剧目《雷雨》、《风声》、《窝头会馆》在爱迪剧场轮流上演，场场座无虚席、好评如潮。

舞台上的他凭着对戏剧的热忱绽放自己在表演上的天赋与潜力，舞台下的他却是一个走在路上看到垃圾会主动捡起来、遇到需要帮助的人会主动伸出援手不求回报的人，同时他也是一位优秀的领导者，抵挡着压力不断向前的奔跑者。

现在的他，被世界排名 TOP4、录取率连年下降、申请难度堪比牛津剑桥的顶级名校加州大学伯克利分校录取。这是继2021 届优秀毕业生、他的上届学长安之禹成功录取后，爱迪学子再度斩获 UCB 录取。今天，让我们一起走进褚天舒的成长故事，看看被名校录取的他有着怎样的过人之处？

Before the interview, we have heard of this boy for a really long time. He is such a famous little guy, who had starred in a lot of dramas in Aidi Theater including Thunderstorm, The Message and The Wotou Courtyard. He nailed every performance and drew countless applause, which made him very famous among other peers.

On the stage, he is a born actor who never conceals his own talent and enthusiasm. But besides his shinning performance, he is an obedient and helping young boy, who would help to fetch the rubbish and throw to the trash bin on the road, and who would spare no effort to give others a helping hand when they are in need. Last but not least, he is also a born leader with strong mind to deal with challenges and difficulties in life.

Recently, he just got enrolled by the world top 4 university -University of California, Berkeley, whose admission rate has been declined for years and its challenging level can be even compared to Oxford and Cambridge. This marks the second year of Aidi students being enrolled to UCB, after An Zhiyu, a graduate from 2021. Let`s get to know this boy about how he can be selected by the world top university.

1 演过反派、扛过男主大担的“老戏骨”



大幕拉开，特务机关长武田举着枪满脸狰狞，隐藏在光影中的眼神带着阴狠，他像一只眼神锐利的老鹰洞察着每个人的一举一动，用狠毒的手段拷问每个像“老鬼”的人.....

这是《风声》话剧舞台上的一节片段，也是褚天舒从7年级开始演话剧来第一次出演反派。因为长相周正，带着一股天然的呆萌与正气，他大都会在戏剧中饰演正面角色，所以这次反派角色的出演对他来说挑战很大。

他发现反派与之前的正派角色有很大的不同，正派的形象特质是我们现实中常常接触、被教导的，而反派反而离我们很远，要如何揣摩呢？

褚天舒去查原著里武田的形象，尝试剖析他的内心与恶的驱动，“那我能不能做出来这种神态？”他开始对着镜子想象自己是征伐年代里的“刽子手”，“这是一个背负着祖上耻辱感的'代罪'军官，这是一个孤注一掷、渴望做出成绩证明自己的人，这是一个聪明且残酷、冷静带着偏执的人。”

一遍遍地揣摩、模仿，让他对反派的饰演开始得心应手，并有了更深层次的认识，“反派不是脸谱化的形象，恶人也是各有各的恶和悲哀，善恶交杂，面貌不一。想要演好反派，绝不是让观众恨得牙痒痒、单一的恶就行，比之正派，反派有着更复杂、现实的情绪表达。”

这次经历带给了他惊奇的体验，他开始拓宽自己的戏剧视野，向上、向外尝试不同风格的角色和故事。他接下了另一部经典剧目《窝头会馆》，并在其中力扛男主角戏份——四处为痨病儿子求医的窝头会馆房东“苑大头”。这是一次挑战非凡的重担，三千多字的台词、与自己相去甚远的“小人物”形象、极为复杂的情绪表达，种种都让这部剧的准备难度更上一层。

为此，褚天舒下了很大功夫，没有阅历，就无数遍看剧目一点点凿出角色的轮廓；不断尝试，试图寻找新的层次建立和同类角色的不同；记不住台词，就无数遍背诵重复记忆。“每天都会一遍遍地刷原剧，每天大概会刷三四遍。洗澡的时候，甚至是睡觉的时候，我也会听着入眠，感觉就像把它刻在自己的DNA里面，让自己变成剧中的人。”短短两个月中，准备期末考试、AP考试、SAT考试之余，他几乎将自己泡在舞台上。

聚光灯下，这个当了一辈子“小人物”、满心满眼都是为痨病儿子求医的老父亲声嘶力竭：“我啊，刚寻摸了一治痨病的药方子。人家说啊，往这药锅里滴答两滴血。我救不了我儿子的命啊！我有血，我有肉，我不信我救不了我儿子的命！”即使为了护子不幸中枪，在临死一刻，他还惦记着“人血馒头”：“儿子，爸爸的手不干净，血干净。吃了窝头好治你的病.....”

大幕落下，现场观众眼眶微湿，掌声如雷。褚天舒做到了。

切入褚天舒的内心，我们发现，这个男孩在舞台上获得了一种“释放”。他在舞台上发光发热，尽情绽放自我，而站上舞台本身就是一件值得鼓掌的时刻；他逐渐一步步踏出去尝试，有主动有被动，有成长也有错失，这将是青春成长里最绚丽的一抹色彩。

爱迪学校也在不遗余力地为学生们创造一种“富足”的环境——一种精神上与个人发展上兼备成长的自由空间。褚天舒在这里找到了自己愿意真正投入其中的舞台，他将享受这一学习的旅程，以富有远见的眼光去追逐未来的人生舞台。







1 A mature “Actor” who can switch easily between main character and antagonist

Here came the Director-General Wutian of the Japan Secret Agency, beneath his fierce face was a cruel heart, he used his sharp eyes to observe each and everyone, who else was suspicious of being the Ghost?

This is one of the scenes from the The Message. And Chu played the role as Wutian, and also this was the very first time he played a villain. Because of his appearance features, he is more fit to play positive figures, but this time he challenged the opposite one, thus he faced great difficulties.

He discovered there were great gaps between playing a positive role and playing an villain. Since the positive role is more aligned to the realistic figures - we have always been taught and guided to be a good person. But on the contrary, play an villain is hard.

That took Chu a lot of time to analyze Wutian and found his motivation of being such a bad person. “ How can I imitate his facial expression?” said by Chu, “he is a smart, cruel, calm and paranoid Director-General burdened with ancestral shame”.

Millions and millions of imitations and analyzing, he began to have a deeper understanding of this character. “There's no fixed stereotype of a villain, since everyone is different and complicated, the same applied to the villain. What is more important is how you can reveal the true complexity of this character, instead of just being a hateful one”.

The show gave him a new try, and he started to extent his range of performance and tried more and more different characters. He soon took the main role of the drama The Wotou Courtyard - the landlord of the courtyard who was busy seeking treatment for his son who carried lung disease. This new drama could be more challenging, with more than 3 thousands lines to remember, and with even more complicated characteristics of the figure to be delivered to the audience, he was stressed out.

In order to fulfill this huge task, Chu devoted all his time to it. He portrayed this figure by reading the script for a million times, and also to memorize the lines. “ Every day i read the script for at least 3 to 4 times, even during my shower and bed time. I felt like I want to carve this character into my DNA and make him alive”, for the subsequent months, he immersed himself in the stage and meanwhile prepared for mid-term exams, AP exam and SAT exam.

Under the spotlight, Chu made this character alive - an old and socially-disadvantaged man who only cared about his son's illness. He spared no effort to find medicine for his young boy, even when he was shot by gun and when death approached, what he could only remember was to bring his son a bun covered by blood, which he believed could be the cure of his son's illness.

When the show was over, Chu was surrounded by thundered applause, audience wept tears and truly admired his show - he indeed made it.

When look into his heart, we found out stage for him is a place to rejuvenate body and soul. He enjoyed every moment on the stage to showcase his talent and enthusiasm, and being on the stage was an honor for him, nothing could compare to that. He took gradual steps to get to know the core of performing, along with that were countless happiness and pain, those all left marks in his youth.

Beijing Aidi School has always been dedicating to providing students with fertile soil to grow up and learn about this world, a truly “ free” hub for students to explore their born nature and interests. Chu found his stage here, so as many other students.

2 温和内敛，如何成为一位优秀的领导者？

褚天舒是学生会副主席、戏剧社副社长，但短时间的接触让我们感觉他并不像传统印象中一位领导者的模样，这就是个有点内敛害羞、脾气温和的大男孩，没有严肃板正的性格、没有棱角分明的锋芒，这让我们不禁好奇他是如何成为一名优秀的领导者的？

新入社的学生大多需要度过一段适应期，遇到事情不知所措不知如何处理，这时候，褚天舒总是替他们想办法解决，他从来不会说重话、训斥过别人半句。他是一个耿直而敬业的人，每次出现问题时，总会组织大家一起分析讨论，偶尔也会和学弟学妹们聊天，问他们的近况，以及在学习生活上遇到的困难。在他看来，帮助别人是件令人愉悦的事情。

他有极强的共情能力，愿意倾听和尊重别人，能够处处考虑和照顾别人的感受，为人处世会追求公平公正。大概正是因为这种品质，让他深受同学们的信赖。

一次大家因为剧组订购团餐发生了争执，大家讨论了近半小时还没有统一意见，“这个昨晚吃过了”、“肯德基离得更近”.....最后，因为耽搁时间过长，褚天舒劝阻了大家的争论，决定这天先订一个最近的快餐店。等到第二天订餐时，褚天舒根据每个人的饮食习惯挑选出来几家合适的外卖店，让所有人投票决定。之后他也会根据同学们的反馈进一步调整投票列表。终于，在皆大欢喜的结果下，一次小矛盾在无声之中被化解。

解决矛盾、处理不同的关系是褚天舒成为领导者必修的课程之一，哪怕只是一个群体环境下小小的点外卖的决策，都是一件需要多方面考虑的难题。他也在不断地学习和进步着。

同学们戏言“他应该是学生社团里最随和的领导者了”。因为他很少发脾气，却能处理好组织内部各种各样的纠纷、各种各样的问题，尽量照顾到每个人的感受。褚天舒拥有这样的潜力，他的影响力是细水长流的，他会选择从照顾好身边的人做起，为别人建立一个安全圈，然后继续把这个安全圈扩大。而这种情感的丰富和他对别人的体认，都会让他在未来成为舞台上下熠熠闪光的一颗星。



2 How to be a strong leader if born to be a gentle and introverted person?

Chu is the vice chairman of the student union and also vice director of the drama Club. But actually during our interaction, he was more like an introverted and modest young boy, away from the stereotype of a traditional leader. We couldn't help but wondered how he could lead such a team?

For all freshmen who just join the club, they all need some time to get adapted to the the environment. And when they encountered difficulties, Chu Tianshu, as the director, would always be there with them to solve their problems. He never yelled and never criticized others in a harsh way, instead, he would gather everybody together to solve the problems. And sometimes he would communicate with the younger peers, and helped them out of their problems. By his light, helping others is a delighted thing.

He gets a strong empathy, he would always be there to learn about other people' s thought, and no matter what his position is, he knows the importance of respect and integrity. Maybe because of this, his peers laid all their trust on him.

There was a time when they got into conflicts because of food ordering for the crew, they discussed which food to be ordered for almost half an hour, some suggested KFC and some prefer something else. When the discussion became heated, Chu stopped it and made a list of everyone's favorites and made everyone vote together. He defused a conflict smartly by this way.

The ability to handle relationships is one of the most important quality for a leader to obtain. Even for the smallest matter, like ordering take-out food, a leader needs to think in a big picture and take everybody's feeling into account. And Chu is constantly learning that.

His peers made fun of him - “Chu Tianshu is probably the most easy-going leader in our club”, since he rarely blew up on someone else. He got the “super power” to unite everyone together and drive them to cooperate for the same target. And his sympathy and caring for others will attribute to his success in the near future.







3 被伯克利录取，既是惊喜也是压力

收到伯克利录取的时候，褚天舒是惊喜的，这意味自己的努力没白费，如愿以偿拿到了自己心仪的offer。

不过被伯克利录取也是压力。爱迪2021届毕业生、他的上届学长安之禹同样被伯克利录取，并且即将在一年半的大学学习后以优异成绩毕业。在这耀眼的光芒之下，褚天舒感受到了其中暗暗隐藏着的重压：“榜样的力量就在眼前，我要跟上学长的脚步。”

不过在褚天舒看来，压力并不是一件坏事。正如冬奥滑雪冠军谷爱凌所说，“我会害怕，但我更渴望害怕。害怕，让我一直向前。”同样地，压力，也鼓舞着褚天舒去奋斗。

他是有这样的底气的，毕竟回想每一次上台演出的时刻，都是充满着压力和紧张的，自己不是仍然勇敢、自信地做好一切走过来了吗？舞台上的表演更是不可能一次失误都没有，他也曾遇到来自观众的质疑，内心也会感到特别无助和失落。“但我知道，他不会退缩，”戏剧老师董老师说，“褚天舒在一次次戏剧演出中不断突破自己，把失误当作学习机会，他是个懂得适当对自己施压的人，他愿意不断去挑战和磨砺自己。”

取得成就很重要，但对学生成长培养来说，顶着往日光辉继续取得成就并突破的抗压能力与自我韧性才是更重要的。在爱迪，他有来自家人、老师和朋友的关注与爱，帮助他直面挫折、重塑信心；他持之以恒地葆有对戏剧的热爱，在舞台上不断试错、自由成长；他也培养出了极强的自我调节能力，通过看动漫、运动、读书来主动缓解负面情绪。这一切的一切，都让褚天舒在成长过程中不断建立心理韧性，让他有足够的底气、资源和韧性去面对未知的未来。

而这大概也是UC系录取困难的当下，加州大学伯克利分校仍然再度青睐爱迪学子的重要因素之一吧。

褚天舒笑言自己小时候有各种各样的小毛病，“自我”、“三分热度”、“时常放弃”、“害羞怯场”。但是坐下来与我们在慢慢的交谈中一起回顾过往，打开回忆的闸门，他突然恍然，在爱迪的六年时光里，原来自己变化这么大！

现在的他依然有些内敛低调，不会直白地夸耀自己，但我们还是从言语、行动中感受到了这个男孩身上散发的力量：心怀他人、乐于帮助、勇于尝试、专注坚持……

褚天舒说，很感谢爱迪，让他成为了自己喜欢的样子。而作为“以长板定制学生未来”的爱迪学校，也很感谢褚天舒，是他，让我们看到了另一个独一无二的新青年模样。







3 A mixed feeling of surprise and stress when he received the offer letter from UCB

The day Chu received the offer letter from UCB, he was surprised and relieved. His efforts didn't pay in vain, he finally got the offer he was craving for.

But he also felt stressed, since his upperclassman - An Zhiyu, 2021 graduate from Aidi, had also been enrolled by UCB. And more than that, An achieved terrific academic results, he is expected to finish all his undergraduate courses within one and a half year. Chu Tianshu perceives him as role model, with such an excellent person ahead of him, Chu finds no reason to relax.

But in his own light, stress is a motivation. Just as Eileen Gu, champion of skiing at the Olympic Games, said “ Adversity and possibility of life are what make life interesting, the relationship with fear keeps me going forward relentlessly”.

He gets the guts to challenge difficulties, as long as he recalled the time on the stage, he felt motivated because he conquered all the obstacles with full confidence and courage. Even when he faced controversies, he got lost, but deep inside there was always a voice telling him to hold on to his dream and never give up. Just like his teacher Dong described him “ Chu is always ready for challenges, he takes every challenge as a chance to improve and study, he is such a amazing kid!”.

Achieving success is vital, but for students, the education of stress tolerance and self belief are necessary. In Aidi, he had strong backup from his family, his teachers and his friends, they helped him get back to his feet when he was lost. And he remained his deep love towards performance, he fell and grew up on the stage, that was a precious time to remember thought out his entire lifetime. Last but not least, he grew self-regulating ability, he could be able to regulate his negative mood through watching animations, doing sports and reading books. All those have built up his own strong capacity to deal with the unknown future, with a brave heart.

And as one of the excellent graduates, Chu Tianshu also helps to prove the success of the education model in Aidi, through tailored education, students can eventually become the person they want to become. Maybe that's the reason why UCB favors Aidi even with the admission rate declining for years.

Chu likes to make fun of himself for his many “disadvantages” , like being childish and self-centered, being easy to give up and sometimes too shy to showcase himself to others. But when we sat still and talked for hours, he discovered he has changed dramatically for the past 6 years he spent in Aidi.

And now even he remains a bit introverted, but we can still found the shinning part inside of him - a boy who is caring, helping, concentrating and persistent.

Chu said he really did appreciate Aidi for turning him into a person who he liked. And the same for Aidi, we thanks him for proving the success of our education philosophy. We believe our slogan “Tailor Your Future” is not only a slogan, but a real practice which could help our students fulfill their dreams.



蒋悦瑶
Jiang Yueyao

伦敦艺术大学
University of the Arts London

交互设计
Interactive Design

韶光淑气，正逢春日最美好之时，我们同蒋悦瑶在咖啡厅进行了采访。眼前这个古灵精怪、彬彬有礼的女孩儿，谈霏玉屑般向我们道来她最初接触艺术到热爱它的精彩过往与经历。同这个自信满满，开朗热情的女孩进行艺术畅谈对我们来说是一种充盈且美妙的享受。

蒋悦瑶被艺术院校世界排名 TOP2 和 TOP3 的伦敦艺术大学、帕森斯设计学院的交互设计专业同时录取，她的创作才华深受名校青睐。她会根据交互设计原则创新出一款更便捷、可视化的 AR 导航软件，在壮美瑰丽的石窟壁画中探寻敦煌文化与艺术的碰撞，在亲自创作的游戏设计中加入对“环保”的思考与呼吁。源于艺术不止于艺术，她的内心有着宽广的、充满奇思妙想的世界，她只是用艺术这一手段将其呈现。她时刻保有对世界万物的敏锐的洞察力和丰沛的好奇，并不断诠释着她的艺术世界永远没有终点。

满怀深深好奇与期待，我们不禁暗暗发问，这位勇敢执着、饱含赤忱的艺术女孩的成长之路到底是如何？在爱迪的四年学习生活为她带来了哪些收获？我们一起从本篇 OFFER VOICE 探索溯源。

In this blossom Spring, our interview with Jiang Yueyao conducted in Kepler 1604. It was such a marvelous time spending with her, for her infinite vitality, good manner and enthusiasm towards arts.

Jiang has been received by both UAL and Parsons, for their major of Interactive Design. Followed the guideline of interactive design, she designed a more convenient and visualized AR navigation system, a IxD mechanism to showcase the beauty of Dunhuang frescoes and a computer game which calls for people's awareness of ecological protection. The mystery and beauty of her inner self originated from her love of art, but there's something beyond that - her endless curiosity and considerable insight of this world enable her to keep pursuing her dreams further long.

Full of curiosity about her story, we cannot help but wonder how she could be such a brilliant young role model and what does Aidi bring her for the past 4 years? Let's unveil the answer through this article.

被伦艺和帕森斯双双选中的交互小达人
A Young IxD Talent Recognized by Both UAL and Parsons



1 交互设计的发现和进步，落脚于解决切实问题

蒋悦瑶自初三来到爱迪，直接选择升入北京爱迪国际艺术高中继续艺术的深入学习。那时的她还对未来专业的选择感到迷茫，她根据自己想要尝试的领域来选择自己感兴趣的课程，包括3D材料课、创意绘画课、平面设计课、装置设计课、纯艺术课、作品集课.....

北京爱迪国际艺术高中鼓励每个学生从十年级开始接触各个应用艺术领域，以便在选择专业前更深入地了解每个专业的学习内容和职业发展，从而寻找到自己的兴趣方向。也是在这个不断寻找、自我审视的过程中，蒋悦瑶接触了交互设计这一专业，并萌生了深入探索的念头。

“为什么大部分售货机是先选商品后付款？为什么有些APP的界面功能让我觉得不合理？为什么不能有一款立体可视化的导航软件？我想做出一款产品，该怎么设计？当我接触了交互设计这一专业，这些困惑都有了解决的可能性。所以当面对众多专业选择之时，我很明确地选择了交互设计。这是一个与人、与用户相关的方向，也是一个需要不断思考和创意、去解决实际问题的专业，它将艺术与科技完美融合，我对它充满了好奇和向往。”

蒋悦瑶对交互设计在日常生活的实际应用产生浓厚的兴趣，并开始不断汲取所需知识技术进行界面修订和功能完善，致力于打造出切实满足人们需求的高实用性产品。

“做交互设计最重要的就是切实为用户解决问题，一切的设计和完善也都是基于这个原则。”

在这雷打不动的座右铭之下，蒋悦瑶创作了第一个作品集——一款AR导航的产品设计。经过反复的多次调研，她找到过往平面地图所存在的弊端及问题，大胆地将AR技术应用到导航软件之中，用户可以通过更接近真人视觉的3D实景画面来判断自己的真实位置，大大减少了走错误路线的情况发生。蒋悦瑶将更加精妙的操控设计应用到软件之中，比起传统的平面导航，此款导航能够获取每个建筑物的每个楼层商铺信息，这无疑更加方便了人们日常外出。

想象一下，走在一个陌生的街道，只要举起手机，你就能从屏幕中看到和现实中一模一样的楼宇、商铺，即使路痴严重的人也不会在错综复杂的道路上迷失。随着路过一个餐厅，界面上还会显示这家店的详细介绍、众多评价，使用者可以根据自己心意选择停驻。这将是一个多么便利、简洁的应用。

对于蒋悦瑶的多元创新尝试，北京爱迪国际艺术高中教务长周聪老师是十分鼓励认同的。蒋悦瑶坦言每当她探赜索隐时所遇荆棘和挫折，周老师总会在第一时间给予专业指导及解答，帮她找到正确航向。众所周知，伦敦艺术大学是众多艺术生追崇的顶尖理想之校，从申请伦敦艺术大学到面试，有这样一位老师悉心指引和陪伴，何其所幸。

随着人工智能、大数据、元宇宙等新概念层出不穷，越来越多的交互设计将会应用到新兴科技及软件之中。我们相信蒋悦瑶会坚守自己的实用信念，将创新思维融入作品之中，并在交互设计领域添上浓墨重彩的一笔。

1 IxD is developed to settle the realistic difficulties.

Jiang joined Aidi is her Y9, and she chose to continue her high school study in Art Senior High School. At that time, she hadn't settled down her future goals, so she gave out massive tries in many art featured classes, including 3D Materials, Innovative Painting, Mechanism Designing, Portfolio Class, art class, etc.

Since Y10, students are encouraged to conduct free exploration to all range of art sectors, thus to enable them to make wise choice in the future pathway. Through the countless explorations, Jiang secured her future dedication as IxD, a major of great attraction to her.

“I began to be curious about many basic philosophies of the electronic mechanisms, like why we need to select the merchandises before we pay the bill in the function page of a vending machine? and I really don't understand the designing purpose of some functions in some APP. Also, I want to create a visualized navigation system by myself, and how can I make it happen? The learning of IxD answered those questions. So when it came to the day I need to choose my major, IxD is my first choice. This is a major which needs me to pull all my strength in and needs constant learning, it's also not an isolated work, the interaction with people plays a big part in it”. said by Jiang.

The initial interests finally came into practice, Jiang started learning IxD deeply, and absorbed all those knowledge needed to establish a function or editing the page.

All of the philosophies and manuals of IxD are used to serve for people's needs, and under this solid principle, Jiang made her second creation-a AR navigation system. Though many times of research, she spotted out the defects of the plane map, and she applied the knowledge she learned on creating a new navigation system, through which users could locate themselves with a more visualized 3D simulated image, thus to minimize the misguiding of the map. In addition to that, Jiang applied ingenious IxD tactics into the design to enable this system to obtain the accurate information of every single shop of every building.

You can have a quick imagination that when you walk on a strange street, you could never be worried about getting lost because this system indicates you through every corner of the surrounding buildings and blocks. And when you pass a restaurant, you can even find the ratings and comments and information of this restaurant for your easy selection.

The multiple tries in different fields of Jiang were encouraged by Zhou Cong, the Dean of Aidi Art Senior High School. Jiang confessed that everytime she met difficulties, Zhou was always there to provide her with wise suggestions and guiding. As everybody knows, UAL is an university of great reputation and the highest social status which drives millions of millions of students to pursue for it. And one of the most important factors of her successful enrollment to UAL is the solid accompany of her Dean through the application to the last interview.

Along with the booming development of the AI industry, more and more IxD theories will be applied to advance technologies and software development. And we believed Jiang will stick to her principle, to consolidate innovative thinking with her creation, and to conquer her own territory in the field of IxD.



2 当敦煌文化与艺术碰撞，热忱与着迷被尽情点燃

优秀的创意往往源自日常的积累和美好的浸润。北京爱迪学校会定期举行大师艺术沙龙和艺术实践活动，与来自不同国家及地域的老师和同学一同进行艺术研学及学术创新，浓郁的艺术氛围和专业的艺术指导使得蒋悦瑶产生灵感与源泉，受到启迪与激发，并创作了一件件灵气十足的作品集。

2021年夏天，蒋悦瑶参加了北京爱迪学校“艺术敦煌”实践活动，结合敦煌深厚艺术底蕴进行实地深入研学，并创作自己的作品集。他们从早期（南北朝-隋初）至晚期（初唐-晚唐）二十座洞窟进行观赏探究，还包括220特窟等三座特别保护洞窟。这场色彩瑰丽、文化厚重的艺术之旅为蒋悦瑶带来了震撼的视觉冲击。

“石窟从雄浑有力逐渐换化为秀骨清像，壁画色彩瑰丽，构图线条也大胆，敦煌别具一格的艺术美深深震撼了我。”蒋悦瑶的清眸中闪过一丝光亮，兴奋难抑，向我们滔滔不绝地诉说着爱迪创意夏校“艺术敦煌”之旅带来的难忘体验。蒋悦瑶对中国传统文化十分追崇，再遇神秘敦煌，艺术灵感彷佛不竭泉眼一涌而出，数件精湛作品如朵朵繁花绚烂绽开。

他们在敦煌彻夜创作，桌面地上摆满了一张张即兴而发的草图，他们忘我地将艺术淋漓尽致展现，那份自由与热爱使得整个生命充盈而精彩。“那一刻彷佛时间停滞，我觉得自己还可以萌生更多创意idea。”

在敦煌文化研究专家和作品集导师的指导下，蒋悦瑶完成了一件别具一格的《六道轮回》交互艺术装置，此作品正是申请伦敦艺术大学艺术作品集中的点睛佳作。《六道轮回》交互装置借用了“传统佛教六道文化理念”为主题，将交互设计同传统文化艺术完美融合，作品旨在表达年轻人的自我定位焦虑。

交互装置中的12个杯子代表着在相应轮回中不同人所对应的前生因果，如善与恶、贪与痴、行善与杀生。使用者自我审视自己此生所造诸业，在12只









杯子中分别投入成分并混合称量，最终会通过程序计算生成一张对轮回六道的去向预测。整个过程既充满了无法预测的乐趣，也暗暗隐喻着行善积德的道理。每个人都可以切实感受到传统文化的魅力及艺术的纯粹。

除了她的创意天赋，她的艺术功底也是令人连连赞叹。“在我看来，艺术表达并不拘泥于用笔画画，它有很多种表现形式及诠释方法，所以我也在探索更多元的艺术形式，比如艺术课程中的拼贴、装置设计、手工创作。”温柔的日光照进艺术教室，蒋悦瑶与一群志同道合的伙伴们正凝神创作，无需循规蹈矩，无需按部就班，自由淌洋在艺术的长河之中，享受艺术所带来的妙趣与充盈。

除了在设计方面有较深造诣之外，蒋悦瑶还喜欢在课后闲暇之余沉浸在摄影世界中探寻光影色彩，用镜头记录生活，用真挚传递美好。

自由向阳而肆意洒脱，自信大胆而勇敢执着。蒋悦瑶依旧会怀揣着对艺术的那份珍贵的坚持和热爱开启伦艺崭新追梦旅程。

2 Lit the enthusiasm through the collision with Art in Dunhuang culture.

Brilliant thoughts often source from daily accumulations and inspiring environment. Beijing Aidi School often holds up art related events including art salons and other events. Though the communications with art masters and students and teachers from all over the world, Jiang was inspired deeply and created many talented portfolios.

During the summer time of 2021, Jiang participated in the social practical event “Art Dunhuang”, they set out to Dunhuang to conduct deeper learning about this magnificent culture and created their own portfolios. The tour started from the grottoes of early period (Southern and Northern Dynasties - early Sui Dynasty) to late period (early Tang dynasty - Late Tang Dynasty), follow the timeline of the changing of Dynasties. This was a splendid tour and caused great visual impacts to Jiang.

“The beauty of the frescoes shocked me profoundly, their beauties not only lie in the strong outlines, but also in its unique and rich colors”, said by her, with her eyes glittered. And she kept on talking the unforgettable experiences she gained from this activity, and her admiration to traditional Chinese culture. The encounter with Dunhuang triggered her inspiration and finally reflected in her portfolios.







They worked on the portfolios through day and night, and with all the drafts scattered around on the floor, they have fully immersed themselves in the creation process. “At that time I felt like time is frozen, and creative ideas just keep on jumping out of my mind”, said by her.

Under the guidance of the professionals from Dunhuang Research Center and her own portfolio teachers, the mechanism called “Six Directions of Reincarnation” was finished by her, and this was the exact work which helped her winning the offer from UAL. This masterpiece is aiming to deliver to the audience the anxiety young people face in self-evaluation, as an extension of the theme of “Six Directions of Reincarnation”, the mechanism involves the themes of traditional culture and contemporary art.

The twelve cups represent each and everyone's characteristics, such as good and evil , greedy and even killing. And the users could use this machine to observe his or her accomplishments and sins. The whole process is full of unpredictable fun, but it also implicitly implies the principle of doing good deeds. Everyone can truly feel the charm of traditional culture and the purity of art.

Besides her creative mind, her artistic skills are also impressive. “ By my own light, there's no certain stereotype of the expression of art, so I've been always dedicated to explore different forms of art, including collage, mechanism design, and manual design”, said by her. And no doubt, she is fully immersed in the world of art.

Despite her achievements in design, Jiang is also obsessed with photo-shooting, she likes to use her camera to record the beautiful moments in life and to explore the intriguing colors.

Jiang is born to feel the sun, her bravery and confidence drive her moving further in her own unique pathway, carrying the love for art.











3 思索未来，带着“环保”使命走向世界

第三个作品集的灵感源自一则全球变暖的新闻，“放眼于今，地球环境正伴随着人类的一些不合理行为而变得不再美丽。我怀念儿时沁人心脾的清新空气，怀念夕阳暮下虫鸟的清脆鸣鸣。那么多曾未被预见的自然灾害接二连三发生，我们应该敲响心中警钟，环境保护并非仅是相关组织的工作，我们每一个人都应该参与进来并贡献自己的力量。”

怀着这样的想法，蒋悦瑶设计了一款《星球迁徙》游戏，希望能呼吁人们保护这充满生机的蓝色星球。整体游戏设计独具匠心，通过精美的元素设计和色彩配搭使得游戏画面生动呈现，精心设计的交互按钮操作起来流畅且代入感强。首先，用户需要对星球环境进行学习了解来明确原材料，之后通过按钮操作选择利用可塑性高的材料进行房屋的搭建，最终完成任务。

“当地球大环境不再适宜人们生存，我们是否真的需要到其他星球捡拾可造房屋的原料来满足居住需求？比起有趣操作和精美画面，其实更值得我们深思的是游戏背后的环保理念。“

在北京爱迪学校，学生和老师们积极开展各类环保主题的PBL项目活动，也不断身体力行地为环境保护及可持续发展献出自己的一份力量。蒋悦瑶会成为一个带着“环保”使命感和责任感走向世界的新一代青年，将宝贵的环保理念注入今后的佳作之中。

“匆匆四年如珠流璧转，在爱迪我收获许多惊喜和感动，不舍的红钟楼，难忘的艺术课，还有志同道合的他们。”不负光阴亦不负青春，在爱迪这个包容又温情的大环境中，蒋悦瑶自由充实地进行着艺术设计学习并收获了她人生宝贵而美好经历。远赴人间惊鸿宴，难忘往昔盛事颜，青春的柔柔记忆终将在她今后的人生长河之中熠熠发光。

被问及对未来是否设定十分远大的目标之时，蒋悦瑶笑着摇摇头，她始终相信艺术永远是自由且不设限的。满满自信、落落大方、灵动内秀……这样一个美好的宝藏女孩，我们相信她会怀揣着对艺术的纯粹热衷和执着，在伦敦艺术大学全力以赴地进行发展和深造。

3 As an environmentalist, use my creation to call for people's awareness to protect our planet.



The inspiration for the third portfolios originated from news of global warming. “when looking at the current world, we are suffered from the global warming. I miss the crispy air and insects sounds in my childhood time, and we also need to alarm the warning that our environment is getting worse, more and more unexpected disasters happened. The work of environment protection is everyone's duty, we need to all participate in it”, said by her.

Carrying this idea, Jiang designed a computer games called “Planet Migration” to call for people's awareness of environmental protection. This game is unique in its beautiful design and color matching. The well-designed functions run smoothly and let the users immerse into the gaming environment. The manual is easy to read, users need to collect all the raw materials to build up constructions to complete the mission assigned.

“ When the planet is no longer suitable for human to live, do we really need to collect the raw materials to build up our home? Besides those interesting pages and game operations, what we really need to consider is the story behind, the environmental protection concepts we need to be aware of”, said by Jiang.

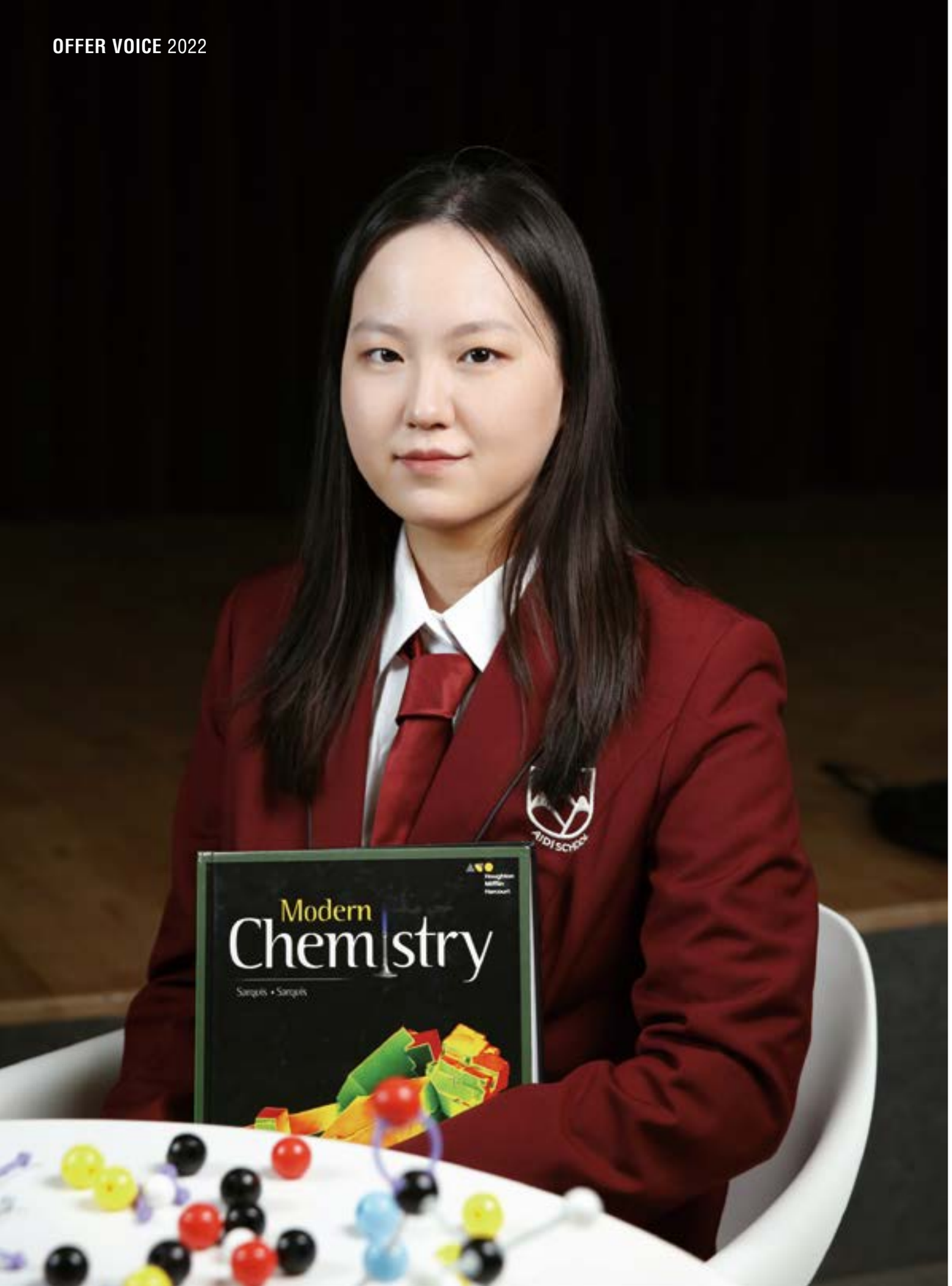
In Aidi, environmental-related PBL activities is often happening here. Students and teachers all endeavor to contribute their own efforts to help protect the environment. Jiang will grow up into a mature person who carries the environmental protection mission and will constantly contribute to it.

“ Four years of precious time have passed, I've gained countless happiness and surprises here, like all those unforgettable buildings including the red clock tower and classes, and most importantly, my friends who share the same interests and ambitions”, said by her.



In this loving environment, Jiang lived up to her youth here. She's ready to set out to the unknown future, but the memories she gained from here, will definitely accompany her from the beginning to the end.

When speaking of the future plan, Jiang shook her head and smiled - she believes her future is beyond all those frameworks and has no limitation. Being such a confident, smart and charming girl, we believed that she will have a brilliant new start in UAL.



王晨霏
Wang Chenfei

帝国理工学院
Imperial College London

材料科学和工程
Materials Science and Engineering

一位理科女孩儿的科学梦，从一只薄薄的塑料袋开始
A Science Dream Born from an Idea of a Plain Plastic Bag

很多人小时候都有一个科学梦，我能变大变小吗？我能找到长生不老药吗？我能像鸟儿一样飞吗？小时候看来梦想似乎触手可及，长大后，却很少人将其付诸实践。

而来自北京爱迪学校澳洲高中的王晨霏却是怀着儿时的科学梦一往无前地踏上了通向科学大门的求学之路——去到帝国理工大学学习材料科学与工程专业。她那双透亮的黑色眼眸穿越了云和雾，那坚实的步履将踏平荆与棘，只余坚定在心间。

但她的成长又是那么不一样，转学、换专业、换申请学校，一连串的变换与转道，让她优柔中带有坚韧，坚定中满怀谦逊，仰望星空却也脚踏实地。

我们鼓励她会成为能改变世界的科学家，她却摆了摆手，“现在我只想做出一款更好用的塑料袋。”

Many of us had a science dream when we were little, and tons of scientific questions lingered around our minds, like “can we enlarge or shrink our body size?”, “can I find a way to immortality?”, and some silly questions like “can I fly like a bird”, etc. Back to that time, dreams seemed to be within our grasp. But when we grew up, those dreams faded away without even noticing.

But there's someone who has stuck to her dream from the beginning till the end, that is Wang Chenfei - who has finally made it to the Imperial College London to learn Materials Science and Engineering. She took every solid step in marching to her dream, with a strong heart and unchanged belief.

But her growth path is very much different from a normal kid, and she made her own decision in every period, no matter in school selection or major transferring, she was always willing to make decisions by herself. And moreover, she is gentle with tenacity, firm with humility, stargazing but down-to-earth.

We encouraged her to become a scientist to alter the world, but she waved her hands and said “ I just want to create a more useful plastic bag”.

1 对材料科学的着迷，从一件小小的奶茶塑料袋开始

王晨霏对科学的最初想象来自于童年。一节科学课上，老师讲到合金，提及合金的性质比普通金属更好，比如不锈钢就以不锈而得此名。当时小晨霏就对此产生了疑问，于是老师给了她一本科普杂志让她自己翻。虽然因为年纪太小她完全看不懂，但大概就是那时，一种天然生发的、没有边界和指向的好奇，自王晨霏的内心深处萌生，随着时间的荏苒不断壮大。

这种对科学世界的热情、好奇，在王晨霏来到爱迪之后，被加倍地呵护、鼓励和支持。“成为兼容并蓄、具有中国心的国际化人才”的理念也让王晨霏进行的思考越来越深入：如何为解决现实问题尽一己之力？

为了保护环境，所有地区开始施行限塑令，传统的不可降解塑料袋被禁用，全部换成一种新型可降解塑料袋。有一天，王晨霏买了一杯奶茶，拎着塑料袋走着，突然间塑料袋裂了，奶茶也撒了。沮丧的同时，王晨霏发现这种新型塑料袋韧性不够，质地太软，非常容易破。

可能在别人看来这是一件微不足道的事情，但在王晨霏眼中，她看到了一种亟待解决的问题。她开始思考，为什么这种新型塑料袋容易破？

她去网上查找资料，发现奶茶店所使用的塑料袋虽然有了可降解的性质，却也同样有着需要创新改进的空间：“正如经济学上'双刃剑'的概念，可降解塑料袋在生产过程中加入淀粉等添加剂，可以降低稳定性，使其较容易在自然环境中降解，但稳定性下降的同时也让它存放条件更加严苛，性质和外观也有些许变化。”

从那时候起，王晨霏产生了寻找一种新型聚合物的想法，一种让化学的力量从根本上提升塑料袋的实用性，而又不以牺牲环境为代价的科学办法。随着知识体系的不断完善，她相信自己可以做到。

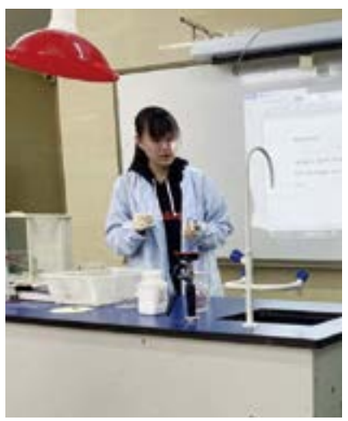
这是一个对化学有着浓厚的兴趣和天赋的女孩儿。在她看来，化学是一门发人深省的学科，一系列化学方程式就能产生奇妙的反应。在化学实验室里，她用植物油、氢氧化钠、食盐水和酒精亲手自制了一块肥皂，珍藏至今。在化学课堂上，她喜欢看不同透明溶液混合后却变换了颜色的神奇反应过程。她享受探索各种化学反应背后的秘密。

然而，即使坚定如王晨霏，在最初时也对专业选择产生过迷茫。一开始她想去试试向医药学发展，但是后来她发现，她没有学过生物，比其他学生差了基础，而自己确实不感兴趣。后来听了老师建议“可以试试材料科学”，她才知道“原来还有这样一个专业啊，这才是自己一直想发展的领域”。

“材料学科领域的创新与突破，促进了我们生活方式的改变。从我们穿的服装到用的手机、汽车、电脑到我们居住的建筑物，以及更先进的技术，如生物医学设备或航空卫星通信等，无一没有材料科学的功劳。材料科学就是如此的实用、有价值。”对材料科学的未来前景和广大应用性，王晨霏深以为然，并将自己的感受转化为思考、思考化为行动。

直到申请到IC的材料科学与工程，她知道，这个一直埋藏在心底的科学梦，终于有机会探出土壤向外生长了。





1 Her obsession of science originated from a simple milk tea plastic bag.

The initial picture of science comes from her childhood time. During a science class, when teacher spoke of metal and mentioned stainless steel was named because of its nature of never getting rusty, Wang began to be curious about the philosophies of material science. So the teacher gave her a science book to read, of course she didn't quite understand what written inside, but deep inside her heart, there was a seed of curiosity of science rooted, and finally grew to a big tree along with the time.



The enthusiasm towards science was encouraged and supported at Aidi. And with the belief of “Becoming an inclusive international talent with Chinese characteristics”, Wang began to dive into the materials learning centered on environmental protection.

In order to protect the environment, the ban on free plastic bags is implemented across the board. The traditional plastic bags are replaced by a new degradable plastic bag. But one day when she bought a milk tea carried by this kind of bag, the bag broken suddenly because of its vulnerable resilience and softness.

To other people's eyes, this was nothing but a small case. But to Wang, she spotted out something serious and began to dig out the reason and find the resolution to it.

The research started online, and the practices showed that even this kind of plastic bag is degradable, there was still a lot to improve. “ Just like one sword has two sides, if for the degrading concern, we need to pour in some starch to unleash its stability to make it more degradable in environment. But along with that, the bag will become more hard to reserve because of its vulnerability”, said by her.

From that time, an idea began to nestle in her mind, she began to think about maybe she could create a novel polymer to improve the bags' quality, on the basis of not sacrificing the environment. And along with her knowledge got broaden, she believe that should could successfully create it.

Being a girl who is fascinate about chemistry, by her own light, chemistry is a profound and thought-provoking subject, only a few chemistry formulas can lead to chemistry reaction. In the lab, she made her own bar of soap from vegetable oil, sodium hydroxide, salt water and alcohol, she preserved it till now. In chemistry class, she enjoyed watching the amazing reactions of color changing when different transparent solutions were mixed. She enjoyed exploring the secrets behind the chemical reactions.

But even as firm in mind as her, initially she also felt lost when facing the major selection. At the very beginning, she wanted to step into the pharmaceutical industry, but gradually she found out she had never learned biology and that failed her to catch up with other peers, and most importantly, she lost interest in this field. During her time of confusion, her teacher gave her a helping hand - “maybe you could try materials science”, said by her teacher. And that was an enlightenment to her, she suddenly found out a career that she was always craving for.

“The breakthroughs and innovations in material science have transformed our lives, no matter from the clothes we wear, the electronic devices like mobile phones we use, and even to vehicles and buildings we live in and the most advanced technologies including biomedical equipment or aviation satellite communications, etc, it all plays a vital part. And that's make material science an extremely practical and valuable subject”, said by her. And Wang has strong beliefs about the promising development of material science, and she's willing to show her love in her endeavor to contribute to the development this subject.

And until the date she knew she got enrolled by Material Science of IC, she knew her science dream finally came true.

2 放弃中考，反而被梦校 IC 录取

四年前的王晨霏尚是个害羞胆怯的小女生。

没来爱迪之前，王晨霏在河北一所普通中学就读，当时她的成绩在1000多人中排名100左右。在竞争极大的河北省中考洪流中，这个成绩颇有点高不成低不就的尴尬，因为只有前十名可以上重点高中，仅有第一名才能上衡水高中。这让王晨霏时常沮丧：物理课听起来像天书，好像除了英语好一无是处，即使万分努力也无缘重点高中……巨大的升学压力裹挟而来，仿似一座又一座大山，把王晨霏压得无法喘息。

幸好，时间的滚轴终于停止转动，初三开始仅仅数月后，这台巨大的压力机被王晨霏和她父母联手关停：放弃中考，转学来到爱迪，开启出国之路的第一步。

“是完全不一样的感觉。”王晨霏仔细回想对比了下，“之前的课堂是安静的，是按部就班的。现在的课堂是活跃的，是畅所欲言的。”她还清晰地记得，第一次在爱迪课堂上鼓起勇气举起手问了老师一个问题时，老师认真地说到的“这个问题提得很棒，那我来解答一下”。

得到他人的认可，是她建立自信的开始，也成了她开始转变突飞猛进的重要转机点。在短短一年半的时间里，她的学术水平发生了质的飞跃，从一开始对各种概念定义感到困惑还羞于提问，到WACE国际高考考得98.9高分；从对化学懵懵懂懂，到终于决定将材料科学作为自己的未来专业申到IC材料科学与工程专业。站上不同的舞台，收获成就，她终于找到了丢失已久的自信。

当我们再问起王晨霏对现在的自己的评价时，她说现在的自己很棒，因为她不再是那个喜欢日常自我否定，把自己藏起来的小女孩儿，取而代之的是对未来开始充满希望的全新的自己。







2 Giving up high school entrance exam gained her access to her dream school - Imperial College London

Four years ago, Wang was an introverted little girl.

Before she came to Aidi, she continued her junior high study in a public school in Hebei, and she ranked around 100th in her grade, with more than 1000 peers. Under the drastic competition of Hebei province, she was at a embarrassed situation because only the top ten could be enrolled to the key high school and only the top one could go to Hengshui High School. And this upset her, since she was only good at English and unless miracle happened, she never got the chance to go to the key high school. The anxiety mounted and she felt hard to breathe.

Luckily, all these finally came to an end after a few months she turned grade 9. She and her parents together made a decisive choice - gave up domestic high school entrance exams and turned to international pathway and joined Aidi.

“It felt completely different”, Wang recalled and said “ the previous life in school was quiet and obedient, but now I feel liberated and feel like myself”. and she confessed that she still remembered the first time she raised her hand in class for questions, she was encouraged by teachers and said she had a great question and was willing to help her to sort it out.

Other people's compliments had built up her confidence, and her confidence enabled her to march forward relentlessly. Within a short one and a half year, her academic results gained tremendous progress. For English part, from a beginner to a winner in WACE exam with a 98.9 score in English. For chemistry, from a girl knew nothing about it to a confident graduate who is about to take higher education in the major of Material Science in IC, she totally won this game.

When speaking of what she thought of herself, she confessed that she thought she herself was a great person. And she has finished a total self-transformation, from a shy girl to a confident young woman.



3 在实验室一泡一整天，就是我向往的生活

选择材料科学专业是王晨霏深思熟虑后的结果。虽然材料科学被戏称为“四大天坑”之一，很可能要天天泡在实验室，与实验、数据为伴，被学术活动和会议占满，甚至没有工作日周末之分。但是当我们问到“对此是否还依然坚定”时，王晨霏认真思考了几秒，坚定地说道，“是的，我可以，在实验室一泡一整天，就是我向往的生活”。

她常常浏览跟进研究院研究出科学成果的报道：实验室里科研人员穿着洁白的褂子，各自守在化学仪器前，观察仪器中由无色变红色的化学反应。那画面非常美好，一直深深地印在她的脑海里，“那种简单和执着让我感动，我觉得将来就是要这个样子，做自己喜欢的研究。”

她希望学成归来，摩拳擦掌去做发现学术新大陆的“哥伦布”，她满脑子都是关于科研的奇思妙想，她迫不及待地完善自己的知识体系，走进实验室，做出自己心中早已构想的新材料。

她还说，自己的成长不像其他人想象的那样一帆风顺，她一直在转道，奔跑，再转道，再奔跑。从转学、选专业，到申学校，这一路充满了崎岖蜿蜒、起伏变幻，而她最先学会的就是接受这不完美的自己并选择坚持，“虽然一再出问题，但我也一直在不断学习、前进，并变得更好。就像如果当时没有初中遭遇的窘迫，又何曾会想到出国之路，又怎会如现在一般有机会追寻自己的科学梦呢？”

她希望能把自己的经历化作经验分享给学弟学妹们：“大胆做梦，只管去追远大的志向与理想，敢于尝试，不要害怕犯错与挫折。如果遭遇挫折，不妨对自己宽容一点，毕竟没有谁是完美的，挫折将是你最好的老师。”

王晨霏是个耐得住性子的人，在空闲之余，她喜欢做做十字绣，做做手工，用彩线填充一个个小格子的过程能让自己的心彻底沉静下来。科研，就是选择了一条和浮华隔离的路，一定要把心安安静静地沉下来，急不得。王晨霏深以为然。

时间飞快，采访步入尾声。娓娓道来间，我们也对这个包容、清透、坚定的女孩有了全新的认识：她的眼里都是玫瑰色的未来，永远怀抱属于少年的无所畏惧和勇敢坚定大步向前；她有着不端不装、有趣有梦的灵魂，将怀着儿时播种心间的科学梦，踏上她人生的新旅程。

我们衷心祝愿王晨霏早日与心中理想不期而遇。

3 Laboratory is a place I can immerse myself in it for a whole day



After solid consideration, Wang chose material science as her dedication to the career. Even most people perceive this subject as one of the “Four Tiankeng” subjects, which means one of the most useless subjects when facing job-finding, she still thinks this is the best choice for her. She's likely to spend most of her time in the labs even on weekends, with tons of experiments and statistics alongside, when we asked whether she was hesitant for this choice, she paused for a few seconds and said “ that's exactly what I want for my life and I will not regret the decision I made”.

She often browsed into the research page of the scientific institutions, and she was impressed by those researchers wore white robes standing by the research machines to observe the chemical reactions, and she definitely loves this way of life, a simple and clean environment for her to dive into the science world.

She hopes that when after graduating from IC, she could become “Columbus” in academic field and she can' t wait to enrich her own knowledge tree and to create her own materials in the labs as she always wants to do.

And she once said that her life was like a roller coaster, she had always been modifying her pathway while running to achieve her goal, no matter from school transferring, and major selection and university application, she had a bumpy road, but she always stuck to her goal and never gave up. “even there were a lot of setbacks, but I've always tried to make them through. Just like if I get stuck in my Y9 in public school not choosing the international education, I will never have the chance to pursue my science dream”.

And she always wanted to share her own experience to her younger peers “Those setbacks are opportunities to make progress, we are young and reckless, and we should pursue our dreams relentlessly. And moreover, please be more tolerant to yourself, everybody makes mistakes, sometime if you could learn from those mistakes, then they are not mistakes anymore, but guidance on your pathway to success”.



Wang is a patient and calm girl. During her spare time, she likes to make some handmade pieces and cross-stitches, seeing those empty boxes are fulfilled by colorful stitches is very much satisfying for her. She could be alone for a long time, because her own world is colorful enough. Choosing the science pathway is choosing to be a quiet and lonely person, because science needs years to dive into it with a calm mind, and obviously, she acknowledges it.

Time had flown away, here came the ending of our conversation. And we have a bright new understanding of this girl - a girl with glittered eyes and a brave and interesting spirit. She's about to set out to the next chapter of her life, and we sincerely wish all her dreams will come true , and her science career will flourish one day.



周怡宁
Zhou Yining

澳洲国立大学
The Australian National University

心理学
Psychology

深研心理学之美，用更开阔的心境成为一个更自由的人！
Reaching Mindfulness through the Exploration in the Beauty of Psychology

“「我们被这个特殊职业所吸引，因为我们自己受到过伤害——我们研究心理学，是为了给自己疗伤。」出自《沉默的病人》。这句话的意思是，任何一个想要去探究心理学的人，最终的目的都是为了疗愈自己。学心理除了去帮别人排忧解难，让他们有一个更乐观积极的心态之余，也是一个去疗愈自己的绝佳手段。人会在潜移默化中发生变化，心理领域的钻研能帮助我成为一个更完善的自己 ……”端坐在书桌前的周怡宁在自己的读书笔记中缓缓写下一串字句，彷佛刚刚完成一场与哲人的隔空对话。

眼前这个女孩，是北京爱迪学校澳洲高中的周怡宁，她的成长故事是一个略显不自信的小姑娘被爱包围着、被梦想牵引着披荆斩棘，最终被世界认可、拿到 QS 排名 Top27 澳大利亚国立大学心理学专业 offer 的故事。她庆幸自己有一对开明的父母、来到包容的教育环境以及有迈出第一步的勇敢和底气。

而如今的她，在花一样的年纪，承载着青春的美好，将去点亮未来的光。

“We are attracted by psychology because once, we have been hurt, so the initial purpose why want to approach this field is to find ways to heal ourselves”, this sentence is quoted from The Silent Patient, which means for each and everyone of us, the ultimate goal learning psychology is to get to know and heal ourselves.

“Psychology is a profound subject, it has a healing power, not only to others but also to ourselves. People may have been though subtle changes in the way of learning it, and gradually we become better persons without deliberately working for it, that's the mystery of psychology”, said by Zhou Yining.

The girl standing before us is from Beijing Aidi School Western Australian Certificate of Education. She is a not too much confident girl, but surrounded with love, and a girl who encountered many obstacles, but overcame them because of her tenacity. She is Zhou Yining, who just obtained the offer from world top 27 Australian National University, majoring in psychology.

She is thankful to the inclusive love from her parents, and the open environment on Aidi campus, which gave her courage to pursue her dream.

Now she is about to set out to her brilliant future, at such a flowery age, to ignite her own beauty of life.

1 开明的家庭教育，让我走出童年时代的牛角尖

年幼的周怡宁就展现了对观察与分析的潜力和兴趣。她喜欢一个人坐在角落里观察其他小朋友微小的细节习惯：为什么他和这个小朋友玩却不和其他人玩？为什么他会没有按时完成老师布置的作业？为什么我的同桌那么淘气？她觉得每个人都是一个谜，有着独一无二的谜底。

长大后，因为她心态积极经常会鼓励别人、逻辑缜密总能切中别人内心，所以很多人都愿意来找她倾诉，咨询，寻求解决之道。当面对这样一个善解人意、乐观积极、十分有想法的学生，我们问起，“你从小就很受欢迎吧？”她却坦言“以前过得不太好……”

年幼的她性子直、脾气软、满心满眼为别人着想，却没想到希冀以真心换真心的结果并不美满：小学的时候被人高马壮的男生撞到，没收到道歉却被取笑过长相，初中的时候因为追星被网络上的键盘侠散布流言蜚语中伤过，还有被曾以为是朋友的小伙伴们孤立过、因为意见相悖被排挤过……小怡宁的童年时代有着挥之不去的昏暗和自卑，又因为这份自卑而衍生出的过分在意别人看法的紧绷和偏执。



让周怡宁第一次改变的契机在她和父母的一次谈心，“为什么要那么在意别人的看法？你就是你，为他人着想不意味着让你放弃自我。哭有什么用？要改变现状你必须要靠自己——身材焦虑，就改变它；成绩焦虑，就提升它。要是自己都不努力，没人瞧得起你！”

可以说，那一瞬是周怡宁的“觉醒时刻”，也是她第一次正视自己。它由一次深入的谈话开启，到获得一种笃定、一种对自我的确信结尾。她很感谢她的父母，是他们一次次帮她纠正人生之路，让她在优良的家庭教育中获得爱、尊重与独立。

在周怡宁经历过饱和、自由的高中生活和学习后，她回忆起从小到大的过程当中经历过的种种许多，平静甚至带着一些些感激：“之前经历过的种种甚至都不能称之为‘创伤’，它只是一段成长经历，它让我更加明白，我需要靠努力和实力赢得别人对我的尊重，而不是别人对我的践踏。”

她笑言现在的自己好像更加“自我”了，相反在我们看来她只是变得更加自信了。那个小时候的挽着别人胳膊走、默默跟在别人后边的小姑娘，慢慢地，她变成了别人挽着她的胳膊走、勇于站在人前的新一代青年。

1 Inclusive family education safeguarded my growing and helped me to conquer obstacles

At a very young age of her, her potential of strong capability of observation and analysis already revealed. She liked to observed those minor details of her other peers' behaviors, like their preference of choosing friends, and excuses of delaying to hand in the home work, and their personal characteristics. She began to treat everyone as a story book, and their secrets must be concealed behind it.

When she grew up, she turned to be an open-minded girl, many peers came to her for advice and comforts. And she is also a girl with strong logical thinking and she is fast to observe and tackle other peers'difficulties, she is very popular among others. But when facing such a considerate and optimistic girl, we assumed she remained popular all the time, but it turned out the truth is the opposite

From her illustration, we began to know that she had a bitter childhood, which has shaped her into a little paranoid and self-abasement girl. She was once hit to ground by a tall boy, and she was mocked by him afterwards. Also, she was hurt by gossips and isolated by her so-called friends, all those bitter past have left her pains inside her heart.

Things turned better after a deep talk with her parents. “Why you care about other people's thoughts? You are what you are and you cannot give up your personality because of anyone! And you should gain respects by yourself through relentlessly efforts no matter on you body shape changing and on your academic results!”, her parents words suddenly enlightened her, and for the first time she began to face her true self.

Zhou is thankful to her parents. They not only provide her with endless love, but also correct her growing pathway from time to time, and guide her to become an dependent and confident girl.

After been through fulfilled and free high school life, when she looks back, she feels gratitude “ One cannot be truly traumatized by difficulties if can learn from them. Sometimes all those difficulties can turn to opportunities. And I shall always pursue for a better self, that's the only way I can gain respects from others”, said by her.

She made jokes about herself being more “selfish” at the moment, but we only perceived that she turned to be a more confident girl, a girl who used to follow now becomes a girl who always leads, she is a role model in her generation.



2 包容的学校教育，让我成为一个自由完满的人

让周怡宁再次寻找到自我是在学校里。

周怡宁自初二下学期从公立校转学过来，问起她在爱迪这几年都收获了什么，周怡宁笑着说，她变成了一个“自由”的人——思想自由与学习自由。

在之前，周怡宁有过一位老师立下这样一条强硬的班规：我是你们的老师，你们还年轻，现在必须听我的话，我说的全是对的，你们没有任何的资格和能力去反驳。但是真的是这样吗？那时的周怡宁心中充满了疑惑：“思想这种东西难道不是自由的、不被束缚的吗？每个人都有每个人的思想，我们是不是应该有自由选择的空间？那自己是否还要按部就班地走下去？”

最终，周怡宁和她父母决定“出走”，在国际教育中为周怡宁探寻适合的个性发展的教育之路。在爱迪，周怡宁遇到了许多拥有渊博学识和丰富人格的老师们，并从他们身上学到了很多。

李芳蕾就是这样一位老师。除了商务的专业知识外，她还教导她学会独立做调研、查文献、写报告、准备PPT以及站在讲台上勇敢表达。而李老师会坐在讲台下，耐心听她讲完并投来赞许的目光。一开始，周怡宁还有些紧张、畏怯，到之后一次即兴演讲时，她张嘴就是流利的英文演讲，自信的模样像一颗闪耀的明星。现在的她认为“只要我学会了，理解了，为什么不敢说呢？”

与此同时，周怡宁还找到了自己学习的兴趣和目标，她可以按照兴趣在自己喜欢的领域尽情探索。温馨老师的心理课，是她第一次正式接触到了心理学这门科学。她清楚地记得第一节课的内容就是“如何正确地认识自己”，她还通过MBTI职业性格测试，了解了自己的优势和短处，并学会自我分析，以此取长补短，为自己下一步学习与成长做计划。

源于对自我探寻的渴望，她对这门洞悉人心与疗愈伤口的学科十分感兴趣。在老师的鼓励下，她开始阅读一些心理文献，寻求破解过去启发未来的理论支撑。她逐渐从心理学中认识到一些现实问题：在个体的成长途中，几乎每个人或多或少都会产生一些性格缺陷，而有的人可以在父母教育、学校教育和自我成长中获得修补，而有的人则是深陷其中无法自拔。对于这些人，自己能去为他们做什么？她下定决心要深研心理领域，用更系统、专业的方式去帮助更多人对抗负面情绪、对抗不自信的“我”。

在老师和同学眼中，周怡宁就是这样一个开朗乐观、积极向上、宽容大度又大方的女孩儿，她希望每个人都能自由地做自己、过自己想要的生活，正如周怡宁经常说到的那句：“如果你都不爱自己，还有谁会来爱你呢？”





2 Nestled in an inclusive environment, I became a more liberated self.

Aidi is the place for Zhou Yining to find her true inner-self. When we asked about her acquirement in Aidi for the past few years since her transferring from public school in her grade 8, she smiled brightly and said “ I become a better and more liberated person no matter in thinking and study”.

During her time in public school, there was a teacher once set a regulation to the class-100% obeying was a must and no argumentation was allowed. Zhou doubted it a lot, from her perspective, the way of thinking is very personal, and everyone should be the master of their own thinking pattern and had every right to choose their own beliefs. And she began to wonder whether her decision in staying public school was correct.

Finally she made up her mind to seek for international pathway, which was apparently more diverse and catered for personality development. In Aidi, she encountered so many teachers of peerless expertise and diverse personality, and she learned a lot from them.

Li Fanglei is such a teacher who not only masters business knowledge, but also is exceptional in research development and report management. She told Zhou Yining the way to compile papers and PPT, in the meantime, she taught her skills of public speaking, which has transformed her from a shy and introverted girl to a shinning and confident public speaker. Now from her perspective, she is willing to express her thoughts to anyone in the public occasions.

At the meantime, Zhou discovered her own interests of study, and more importantly, goals of study. She could freely explore in her interested field like the psychology class from teacher Wenxin. That was actually the first time she got to know psychology and she clearly remembered the theme of the first class “How to Recognize Yourself in a Reasonable Way”. And she also took part in the MBTI program to test her own personality and analyze her own strengths and weaknesses, and she made plans in compliance with the test results.

Originated from the attempt to get to know inner-self, she began to be extremely interested in Psychology, for its strengths of insights and healing. And encouraged by her teachers, she dived into the research of this subject by reading various papers for seeking answers. And she gradually learned that for each and everyone of us, we had been traumatized by some accidents. And a lot of people can be healed by some external forces like parents' care, school education and self-discovering. But there were also some people were trapped and what we can do for them? She made up her mind to learn psychology in a systematic and professional way to help people fight against negativity in their life.

In the eyes of her teachers and peers, Zhou is such an extroverted and confident girl, meanwhile with great tenacity. And she sincerely wishes everyone can live the life they want. “ If you don' t love yourself, who is going to love you?”, said by her.



3 成为一名心理咨询师
与写一本心理悬疑作品并不冲突

走出过去时代牛角尖的周怡宁一身轻松，她将更多的精力和时间放在强大自己、帮助别人的事上。她想要学习更多的心理知识，成为一名心理咨询师，去倾听、开导、帮助别人。

“心理学是一门研究人类的心理现象、精神功能和行为的科学，既是一门理论学科，也是一门应用学科。我们的行为有其心理成因，但是由于我们不能直接观测心理活动，只能通过对行为的观察等推测心理活动，将其系统化和理论化。不过相比于基础心理学，我更青睐于应用心理学。对于这个方面，大家常听说到的‘研究变态杀人狂’和‘我知道你在想啥’都属于应用心理学的范畴。”

在学习之余，周怡宁喜欢看悬疑作品，她认为心理悬疑似乎天然就是一个让人欲罢不能的类目。她最近拜读的《沉默的病人》让她产生了巨大的共鸣。“剥开书中犯罪、精神分裂、嗜血等极端心理状态的外壳，穿针引线的，却正是每个人都会经历的防御与破解。每个人都有一个‘死穴’，越是筑起高墙，越是有崩坝的风险。”说起这个话题，她就像打开了某种谈话开关，十分乐意地与我们分享并充分发表自己的见解。她还说自己已经想好了一个主题，将会在夯实心理学知识后开始着笔创作。

“成为一名心理咨询师与写一本心理悬疑作品并不冲突，不过现在，我还是要专注于学习，努力提升自己。”对于未来，周怡宁心中已经有了初步的规划，将随着时间的进程一点点完善。

积极、乐观、真性情……跟周怡宁闲聊，会容易被她丰盈而有力的目光所吸引、从她的话语中饱受启发，生出“人生还可以这样看”之感。这是一个从小到大慢慢变强大、变自信、变得更加独立的女孩儿，也是一个在优良的父母教育、学校教育、自我成长中获得爱、尊重与独立的女孩儿。

当我们问起她对未来生活有何期待时，周怡宁微笑道：“我希望有大把的时间丰富自己的精神世界，完善自己的专业知识，然后为自己的未来做出一切我可想到的努力。”我们期待未来一个更好的周怡宁为我们带来更精彩的故事！

3 Reaching a perfect balance between being a qualified psychological consultant and meanwhile writing a mystery novel

Since the time she no longer questioned about herself, she felt completely liberated and began to devote her time to helping others by diving into psychology.

“Psychology is a subject designed to research into human's mental activities and behaviors science. So it contains both scientific and practical knowledge. There's always a reason of out feeling, which we cannot directly tell from the outside, but to observe from behaviors, and then we put into systematic theories to analyze them. Comparing with basic psychology theory, I rather prefer applied psychology. I believe you have already learned about applied psychology since the research about psychopathic murderers is included in this field”, said by her.

During her spare time, Zhou loves reading mystery novels, she finds tales of suspense fascinating. The Silent Patient, which she recently read resonated deeply with her. When spoke about this novel , somehow it triggered her interested points, she said“ When you looked into the deeper philosophy after these criminal behaviors and mental dissociation, you will find out there are always weakness behind them. The highest defense, the softest inner-self”. She also said she planned to compile her own novel after the systematic psychology learning, and she seemed confident about her new topic.

“Reaching a perfect balance between being a qualified psychological consultant and meanwhile writing a mystery novel is not hard, but now I still need to pull all my strengths in study”, said by her. For the future plans, we believe she already has them in her heart.

Being an optimistic, extroverted and vibrant girl, she is such a center of attention and she always inspires people around her. When look into her past, we know this girl has been through a total transformation, and under the education of her family and school, she has finally become a girl of a loving and dependent soul.

When spoke about her future expectation, she smiled and said “I wish to enrich my life with learning and I hope to have a brilliant inner-self. And I would sacrifice anything to gain a brighter future”. let's wait for more brilliant stories of her unveiling to us in the very near future!







史晓丹
Shi Xiaodan

伦敦政治经济学院
The London School of Economics and Political Science

会计与金融
Accounting and Finance

多学，多看，多思，
Learning, Observing, Thinking,
在七年光阴里成长为更好的自己！
Become a Better Self Through 7 Years of Cultivation

初见这个长发飘飘的漂亮姑娘时，我们很容易被她满是亲和力的笑容所吸引，说起话来轻轻柔柔、不急不缓。随着访谈的深入，我们又发现了她文静的外表下隐藏着的严谨细致、有棱有角、持之以恒等众多品格，这让她迈出的每一步都充满着自信和笃定。

她就是来自北京爱迪学校英国高中、早早拿到 G5 超级精英大学伦敦政治经济学院会计与金融专业 offer 的史晓丹。她以对专业深刻的远见、博闻强识的学习力、尽展风采的主持特长，及丰富的个人履历，赢得了多所世界名校的青睐。

作为北京爱迪学校 2022 届优秀毕业生系列访谈的受访者，今天让我们一起来倾听她的成长故事。

When we first saw this beautiful girl with glowing hair, we were easily attracted by her bright smile, soft voice and approachable personality. As the interview went on, we found that underneath her quiet appearance there were many qualities such meticulousness and perseverance, which enable her to march forward in a steady and confident pace.

She is Shi Xiaodan, a student from Beijing Aidi School British Senior Education, who got an early offer to study Accounting and Finance at G5 London School of Economics and Political Science, which is one of elite G5 universities. This is not the only one university who issued her offer, for her profound insight, diligence, capability of hosting and enriched personal resume, she is widely recognized by world prestigious universities.

As one of the interviewees in Beijing Aidi School's 2022 Outstanding Graduates series, today her story is about to unveil to us.

1 初中第一次学商务 即是自己的理想之地

六年级转学来到爱迪的史晓丹算是最早确定自己未来方向的一批学生。自初中起，在升学指导老师的帮助下，她就将未来方向定为商科。

这种笃定与初中商务张达老师的影响密不可分。这是史晓丹第一次接触到专业的、全面的、启蒙般的商务知识，让她获得了all-rounded development，也让她发现，原来看世界，还可以有这样的角度：“商务不只是学习公司内部是怎么运行的、外部又是如何将整个商业联系起来形成一条链的，商务很有意思，更多的是让我学会了从商务的角度、用商务的思维看许多事情。”

“比如我们每天看到的那些广告，为什么《奔跑吧兄弟》里会有安慕希的广告，而《乘风破浪的姐姐》里却插入了很多化妆品的广告？从商务里我意识到，那是因为《奔跑吧兄弟》和酸奶均老少皆宜，而《乘风破浪的姐姐》和护肤品则更受女性关注，因此通过这种搭配的方式，广告将更容易影响到他们的目标客户。”慢慢地，她开始将自己学到的知识运用到实践中。

高中时，史晓丹上了会计和经济课，越发对这个领域感到惊喜和探索的乐趣。会计让很多人以为是严谨、精打细算和寸土必争。史晓丹为我们做了更学术的解释：“会计不仅是一种量化业绩的衡量手段，更是一种重要的战略工具，可以为商业结果提供相关和可靠的解释。”

“会计的学习让我可以根据报表提供的信息分析公司的盈利能力，资产和负债的情况。我还曾尝试参与爸爸公司的年度战略预算规划工作，回顾过去的预算和实际业务业绩，并计算它们之间的variance。”

在课余时间，她也会看许多相关书籍和财经资讯开阔自己的眼界。聊起她感兴趣的领域话题时，这个博闻强识的女孩儿滔滔不绝：“安然丑闻的曝光，就是因为安德森的审计师未能提供公平和透明的业务审查，不断报告夸大的利润给其投资者，这种公司与其审计师之间的复杂关系使我开始思考审计的本质；The Audit Society一书则让我认识到审计是如何成为一种‘验证方式’，在我看来审计师的工作本身需要更加精确的定义或共识、一种互相的信任关系，否则就会产生负面影响—— principal-agent problem。”

最终，大学申请规划专业时，史晓丹把自己的专业定为会计与金融。因为她认为随着科技的发展，单纯地做报表将被机器取代，更重要的是分析能力和决策能力。她想进行两个学科融合学习，成为一名会研究、有专业技能的跨学科人才。





1 Found out my passion for Commerce since the first class from secondary school

She transferred to Aidi in the her sixth grade, and she was one of the earliest students to determine her future direction. Since junior high school, with the help of her Aidi professional counselor, she understood her learning and career options and set her future major as Commerce. This spirit of dedication to commerce was inseparable from the influence of Zhang Da, the business teacher in junior high school. His class enabled Shi Xiaodan to have a glance at this magnificent subject, and her scope of commerce knowledge gradually widened as each terms proceed, enabled her to obtain all-rounded development in this subject.

Through the learning of Commerce, she discovered many other angles to view the world, and also her understanding towards business management changed gradually. By her own light, Business is not only about learning how the company operates internally, but also how to integrate with external resources to maximize company's margins. And she found Commerce very interesting, because it also helped her foster a business-oriented mindset and critical thinking pattern.

“Like those advertisements we see every day, why do the Running Man has advertisements of Amucci, while the Brave Winds and Waves has a lot of cosmetics? From the Commerce study, I realized that Running Man and yogurt are suitable for both young and old, while in Brave Winds and Waves, skin care products are more concerned by women. Therefore, through this way of collocation, advertising will be easier to tap on their targeted customers. Gradually, she applied the knowledge she learned into practice.

During the high school time, Shi Xiaodan enrolled Accounting and Economic subjects, through the in-depth learning, she gradually fostered enormous interests in this field. Accounting may has a fixed stereotype of discreetness, meticulousness and carefully planning. But Shi Xiaodan showed her disagreement to us, and further illustrated to us about this subject “Accounting is not only a kind of quantitative-performance measure, but more about an important strategic tool which can provide relevant and reliable resources for business determination, it is of pragmatic significance to companies”.

“The accounting study enabled me to analyze the company's profitability, assets and liabilities based on the information provided by statistics report. I also tried to participate in the annual strategic budget planning of my father's company, reviewing the past budget and the actual business performance and calculating the variance between them”, said by her.

In her spare time, she also reads a lot of relevant books and financial information to broaden her horizon. When she talked about the topics of the field she was interested in, this knowledgeable girl went talkative “The Enron Scandal was exposed because Anderson's auditors failed to provide a fair and transparent review of their business and kept reporting exaggerated profits to their investors. This complicated relationship between the company and its auditors made me start to think about the essence of auditing. The Audit Society makes me realize how Audit becomes a way of verification. In my opinion, The auditor's work itself needs to be defined more accurately and a mutual-trust relationship should be agreed, otherwise “principal-agent problem” will occur and bring along negative influences”.

At the end of the day, she set her major as Accounting and Finance, given the scenario that with the development of science and technology, capabilities of analyzing and decision-making will play a vital part, and hands-on report compiling will be gradually replaced by computers. That's why she wants to learn the knowledge blend these two subjects together, which will leads her to become a research-oriented and interdisciplinary profession.



2 她看起来毫不费力的背后，是默默付出的十分努力

与理工科的学习相比，商科更注重辩证的分析和思维方式的培养，很多作业都需要学生主动去阅读文献、提出问题、开展研究，这无疑对学生的学习自驱力提出了很高的要求。而史晓丹很好地完成了自己角色的转变：“从不敢问老师问题，到只会从老师那得到答案，再到现在，我学会了提出问题先自己寻找答案。”

有人觉得学商是一件光鲜又轻松的经历，其实不然。“商科学习中会有许多论文，我需要不停地读文献，去思考、评析书中所说的观点是否认同，并结合商务原理加以剖析，提出可行性方案。”

熬夜赶报告、接连不断地写论文让史晓丹提前体验了大学生的日常，辛苦但很充实。“那个平日里文静漂亮的女孩子，每到关键时刻都展现了她韧性十足的一面：刷题、写论文、读文献，即使第二天顶着黑眼圈也会继续复习。这个女孩有着极强的目标感、内驱力。”她的老师如此评价道。

史晓丹还在一系列国际大赛中历练自己，并取得了不错的成绩。有好几次，史晓丹连轴辗转于各项国际商赛的备战中。那段时间史晓丹非常忙碌，忙到什么程度呢？“从天亮做到天黑，一天又一天，花了我很多周末甚至放假的时间。凌晨时分还在和同队队员一起改PPT、对演讲稿。”

不仅如此，史晓丹是班里唯一一个选择学高数的女孩，她想要从挑战和突破中提升自己的能力。她还参加了A.T.国际金融实训项目，亲身体验真实的投资交易，在国际金融业务实战中学会判断决策与风险控制。

一项项的突破与挑战意味着什么？压力？动力？还是重在参与？对于史晓丹来说，她喜欢用“寻找差距”来概括。学习这件事情并不容易，但很多人却在其中发现了乐趣并找到了自己未来的职业方向。这让我们感到欣慰，因为这意味着教育的过程不再仅仅是让学生去记忆某些知识点，而是给他们一个支点，去看到更广阔的世界。

2 Peerless competency is built on the years of endeavors

Compared with science and engineering studies, business studies pay more focus on dialectical analysis and complex thinking skills, and many assignments need students to take the initiative to read literatures, ask questions and conduct research, which undoubtedly requires students to have strong self-motivation. And Shi Xiaodan concluded a perfect transition, from simply obtaining answers from teachers to purposely ask for solutions, to eventually seek for answers by herself.

Many people perceive Commerce study is easy, but on the contrary, it requires constant reading, thinking, reviewing and judging. “Like when reading a literature, sometimes you need to tap on the knowledge learn from other field to verify its theories and bring up pragmatic solutions”, said by her.



Days and nights of producing academic pieces offered Shi Xiaodan a glance of university life, which is busy but fulfilled. “ she showed her resilience in the face of heavy school works, she would stay up late to complete them and got up early with raccoon eyes. She embodies our community's values, which are dedication and self-motivation to goals.” said by her teachers.

Shi Xiaodan has achieved remarkable results in a series of international competitions. For many of the times, she ran through different kinds of international economic competitions, and she described these time “ I was pretty much like non-stop, for spending the whole day including weekends and vacation on PPT and speech drafts refining with my team mates”.

More than that, she is the one and only girl in her class choosing Advanced Mathematics, for she constantly seeks for breakthroughs in her knowledge through cultivation of new forms of knowledge and mastering the new skills. Besides, she took part in A.T. International Finance Training to sharpen her skills towards financing and venture deals.

She often likes to conclude her endeavors for breakthrough to one purpose - seeking for differences. Since study itself is a dreadful experience, but still, many people find their purposes of study and locate their career direction through it, which is encouraging to know. Education provides students a extent to experience the broader world.



3 人、事、景
我会永远铭记这充盈的校园生活

令人惊讶的是，这个说起话来轻柔亲和，还是在校园各大文艺活动上气场十足、自信闪耀的主持人。20周年校庆的舞台上、夏日嘉年华的舞台上、毕业典礼的舞台上……处处留有她的倩影。

回想起自己在爱迪的时光，史晓丹忍不住感叹时间的飞逝。想起自己六年级刚转来时的样子，她还是那个“上课发言也要先写好讲稿”的女孩儿。慢慢地，无论是课堂上敢于发表自己的观点，还是在商赛赛场上自信地陈述决策的利弊；亦或是在各大校园活动中作为主持人控场引导……一点点的历练，让现在的她与之前判若两人。“以前上台就紧张，现在在舞台上、商赛赛场上推广自己的个人项目，史晓丹已经能把全场讲得笑起来。”

在爱迪的七年，改变和收获许多，不变的是，史晓丹内心坚守着的最初的方向。

如今，一想到即将离开这座生活了数年的校园，她的心里满是不舍。史晓丹说她喜欢现在的班级，喜欢任课老师和同学们，“老师们都把我们当朋友一样，我们班整个氛围就像一个大家庭，提供安全感和归属感，让我们敢于追梦。不需要严格的管教，每个人都有着学习的主动性和目标，不需要时刻的监督，我们彼此给予力量。每个人的温暖汇成一股细流，这成就了整个英高二班。”

还有一直鼓励她安慰她的好朋友，主持人社团给予指导帮助的曹凯老师，帮忙修改个人文书的会计老师、经济老师……“感谢遇到的每个人，一路把我带过来。”少年的友谊，真挚又难得，史晓丹会永远铭记。

如果你和她相处，你会很容易地发现：这是一个眼里有光、心中有暖的女孩，这是一个温柔细腻又目标清晰的女孩，这也是一个让每一寸光阴皆绽放出努力光芒的女孩。面对这样一位优秀的人，我们祝愿她，跳出自己的小小“井”，去看自己想看的大大世界！

3 An enriched school life I will always remember

Surprisingly, Shi Xiaodan also shows marvelous talents in hosting. She is a resident hostess in school big ceremonies and events, like the Aidi 20th Anniversary Party, the Summer Carnival, and the Graduation Ceremony. Her achievements are captured and memorized by all those glory moments.

When recalling her time in Aidi, Shi Xiaodan could not help but sigh “how time flies”. When she first moved to sixth grade, she was still the girl who was always hesitant to speak out.

Gradually, whether expressed opinions in class or confidently stated the pros and cons of a decision in a business competition, she became confident. "I used to be nervous on stage, but now I am promoting my personal projects on stage and in business competitions. I can even leverage my sense of humors on the stage to make everyone laugh.” said by her.

During the seven years spent in Aidi, this journey empowered her to discover her owns pros and cons and amend them in a progressive way. Now, when thinks of leaving the campus where she has lived for several years, her heart is full of sadness. Shi Xiaodan said that she really did enjoy the time spent with her teachers and the classmates. “ I feel a sense of belonging here in Aidi, where teachers perceive us as their friends and we are a big family. Here we confront original and sophisticated ideas, learn through inquires, and our teachers often encourage us to challenge conventional approaches. Here in Class 2 of our grade, everyone has their own goals and motivations, without supervision, we warm each other and support each other”, said by her.

“Thanks for everyone who has helped me, without them, I cannot stand here today”, Shi Xiaodan also showed great gratitude to her best friends who went through these ups and downs with her, and teacher Cao Kai from Hosting Club, and Accounting teachers and Economic teachers who had help her with her resume. Those true friendships deeply root in her heart and will last forever.

As the conversation with deeper, we found out she is a warm girl soft in heart but strong in spirit. Her endeavors crafted her a brilliant way to career. We sincerely wished her to further open up her mind and broaden her horizons, a world full of magnificent unknown is ahead of her.







刘瑞淞
Liu Ruisong

帝国理工学院
Imperial College London

机械工程
Mechanical Engineering

学术、音乐、社交全能的“非典型学霸”，将用技术引燃改变！
Ignite the World by Peerless Expertise in Mechanical Engineering

刘瑞淞常被老师提起一大串正面特质：幽默、坦诚、认真、逻辑好、道德自律，相谈不过五分钟，我们就已经对他身上的人格魅力表示深深的赞许和肯定。

在与刘瑞淞同学的聊天过程中，我们发现，这是一个只要一张嘴、就透着有趣和真诚的“东北男孩”，是一个喜欢弹吉他、弹起来像变了一个人的“文艺青年”，同时也是一个坚持自我、勇往无前的“追梦人”。他早早被帝国理工机械工程专业录取，达成了他人生中长远规划的一个小目标。

今天，我们想带大家走近这位深受帝国理工招生官青睐的“非典型学霸”的成长故事。

When speaking of Liu Ruisong, teachers described him as a humorous, authentic, hardworking and a logical-thinking boy with high morality standards. This boy already gained our trust and approval within 5 minutes during out conversation with him.

As our conversation went deeper, we found out this humorous boy from northeast China is indeed a hipster - a boy who is addicted to guitar playing. And meanwhile, he is a dedicated and hardworking student who just enrolled by the Imperial London College, which fulfilled his short-term goal.

Today we want to unveil the story of him to the public, a story of not a “typical” hardworking student.

1 对机械工程的着迷，从窗边一辆嗡嗡运行的挖掘机开始

早在刘瑞淞还是个孩子的时候，他就对汽车如何启动、挖掘机的发动机如何构造等问题十分好奇。坐在窗边看大马路上挖掘机嗡嗡作响、不断起落的工作画面，他可以看一整个下午。他初对物理和机械的了解就是受到这人力轻轻一推就可以操控驱动的大机器的启发。

他喜欢上了探究发动机背后的秘密并发现其中应用到许多非常有趣的物理模型。比如发动机是通过使燃料在机器内部燃烧，并将其放出的热能直接转换为动力的热力发动机的一种动力机械，比如活塞运动时，在一定的范围内气体被压缩得越厉害，其气体的温度和压力就越高，内燃机的效率也越高。

刘瑞淞还发现热力学是一门发人深省的学科，它对内燃机的发明做出了巨大贡献。他开始自发地拓展超出 A-Level 教学大纲的知识，自学范德华状态方程和卡诺循环，他深入探究如何通过分子间相互作用来模拟剩余特性以及预测效率上限。

随着刘瑞淞知识体系的不断完善，他发现内燃机为人类带来便利、创造极大经济效益的同时，也带来巨大的环境污染，究其原因还是其热效率最高仅接近50%，很多能量都被浪费了。如何用热力学的概念来改善不同汽车和机械的热燃烧和发动机效率，是众多科学家毕生钻研的课题，也成了刘瑞淞去往帝国理工学习期间最大的学术目标。

在老师的鼓励下，他开始参加更多的竞赛、实践来提升自己的学术能力。在伦敦青年科学论坛（LIYSF） 中，他针对V 型和L 型发动机、水平对置发动机三类主流发动的优缺点，用乐高搭建进行了从构造、稳定性、效率差异等方面的模拟实验。刘瑞淞凭着专精的研究和巧妙的实验设计在全球理科精英中斩获金奖。他也很高兴自己得以有这样一个机会与该领域的专家探讨近期汽车发动机结构的演变。

深入其中的洞察和明晰将带来真正的学习。愈发深入到内燃机这个领域，刘瑞淞就愈发感受到了其中的奥秘和精妙，“你可以把它理解为‘机器的心脏’，让它们排放更少的尾气、发出更低的噪音是每个工程师最有成就感的使命。”每次动手搭建或操作中他都能获得拆解问题、解决问题的乐趣。而不断的学术学习和课外活动也让他看到了未来能够真正参与改变世界的途径，他希望尽自己的力量、凭借未来所学推动内燃机的进一步发展。



刘瑞淞在LIYSF上将自己的研究课题展示

1 His obsession of Mechanical Engineering started with a passing excavator by the window

Back to the time when Liu was a kid, he already showed interests in engines of automobiles and excavators. He could sit still by the window and watched how those huge “monsters” operate for the whole day. His initial understanding of machinery engineering was it leveraged the human power to operate on giant machines, which was enlightened.

He started to dig out the philosophies of engines operating and he realized there were countless physic theories behind. Like the engine is powered by linear motion of piston, and through the thermal energy converted into power. The efficiency of combustion engine is leveraged by the compression of air within the combustion chamber, when the temperature and pressure hit the highest level, the combustion engine is of most efficiency.

Thermal Energy is a profound subject by Liu's own light, it contributes a lot to the invention of combustion engine. He started to learn extended knowledge of thermal energy beyond what he could learn beyond A-level class, like van der Waals equations of state and Carnot cycles, he dived into the research about how molecular interactions can simulate residual properties and predict upper limits on efficiency.

And meanwhile he also found out massive pollution can be caused by the invention of combustion engine, even it brings up countless economic values to human society. The ultimate reason of the waste is its inefficiency - it can only consumes 50% of its thermal power and the rest of them are wasted. So how to tackle this problem is the life-time ultimate goal of many scientists, which also marks the academic goal of Liu Ruisong in his upcoming study time in the Imperial College London.





Liu self-learned modelling technology and continued his study of machinery structuring

Encouraged by his teachers, he participated in more competitions and social practice activities to sharpen his academic skills. During the competition chaired by LIYSF, he simulated an experiment using Lego toys targeting on the research of Engine V and Engine L and Boxer Engine regarding their structures, stability and efficiency. And this experiment won him a golden medal for its sophisticated design and intelligent philosophies behind. And he was very fond of this opportunity since it gave him a chance to speak to his admired professionals in this field.

The deeper insight, the deeper love of this field. Liu is fascinating with the combustion engine, and he described it as the “heart” of a engine. And it's a honorary mission for every engineer to reduce the exhaustion and noise of it. “Each and every time I conduct the building up or dismantling, I felt so joyful”,said by him. His endless pursuing for academic knowledge and countless beyond-class activities enabled him to know deeper and better of this profound field.



2 学术、音乐、社交全面开花，非典型学霸的蜕变之路

刘瑞淞会就数学和物理之间的联系，如牛顿定律及位移、速度和加速度之间的关系与我们侃侃而谈，也会就内燃机如何运行、目前有哪些可行的热效率提高技术发表自己的观点。

现在，可能你对他的印象停留在专注、认真、严谨的理工学霸，别急，他的故事才说了一半……

在好友贾志豪的眼中，刘瑞淞的性格与形象远比“理工男孩”这四字要丰富得多。他带着东北人特有的幽默劲和自来熟，说起话来干脆利落，有一种独特的语言节奏，很多时候他并不是在“搞笑”，只是“认真说话，就非常好笑”。他是老师口中的开心果、社交牛人，在聊天中不断蹦出一些脑洞大开的段子，一点不怯生，和他聊天从不无聊。有人戏言，“今天没和刘瑞淞聊天，快乐都少了几分。”

除了学术上的钻研和社交上的大气外，刘瑞淞还有一项高超的音乐才艺。他从小自学吉他至今已坚持十余年，曾在辽宁省国家级吉他比赛中获得一等奖。现在他还会不时地拿出吉他来弹奏一曲，一边弹着吉他沉浸在旋律中，一边缓解学习压力。

“如果深究我对吉他的爱好，可能是我有着向往自由自在做自己的天性，而弹吉他对我来说，是一个比语言更直接也更自在的随心时刻。”

面对这样一位在学术、音乐、人际交往中都游刃有余的学生，我们不禁好奇，“你从小就是学霸吧？老师和同学都很喜欢你吧？”他却坦言自己以前“不受老师待见……”

“可能我不是传统意义上的‘乖学生’，老师觉得我容易沉浸于自己的小世界，不听管教，有时还会体罚让我听教，而我不喜欢刻板，不喜欢控制，以至于当时有点厌学。”

“不过当国际教育为我打开了一扇门，我才发现真的有这样一个地方让我自由自在地做自己：我可以选择喜欢的领域尽情探索，我可以就一个问题、观点深入探讨，或者我有了一个新的见解，我也可以自信大胆地说出来，而老师总是会耐心地听完投来赞许的目光。在浓郁的学术氛围中，主动学习并不断进步已经变成一种习惯，因为你会发现身边的同学们都这样。”

问起刘瑞淞哪些老师对他影响较大时，他说自己深深地感谢每位教过他的老师，因为正是有这些理念前卫、丝毫不戴刻板脸谱的老师们一路相伴，才带给刘瑞淞“包容”、“自由”的感觉，才让他更有自信和动力去向上生长。

2 How to be specialized in academic learning, music skills and socializing capabilities at the same time?

Liu talked to us about the links between mathematics and physics, such as Newton's laws and the relationship between displacement, velocity and acceleration, as well as how the internal combustion engine works and what technologies are currently available to improve thermal efficiency.

Until now you may have gradually formed a fixed stereotype of this boy - a rational, focused and serious study nerd. But hold on, his story is way more much then this.

In the eyes of his good friend Jia Zhihao, Liu has various personalities. His sense of humor, and he always naturally engages with anyone. But meanwhile, he has a crispy tone and unique rhythm of speaking, which makes him sound hilarious to many of the people around. He is such a happy and socialized boy by his teacher's illustration, and he always makes the atmosphere easy and relieved, without him, there is less happiness.

Besides his success in academy and social skills, he has another brilliant strength, which is guitar playing. He has insisted self-learning of guitar for more than ten years, and he once won the first prize in a national guitar competition. And until now he often immersed himself in the guitar playing to ease the stress from study.

“ If trace to the reason why I love guitar, maybe because I have a free and self-centered personality, sometimes guitar can help me express my feelings better than words”, said by him.

When faced such an intelligent and well-rounded boy, we began to wonder about his past. We assume he carried all those glories for a long time, but the answer turned to be the opposite one “ teachers used to don' t like me ”, said by him.

“Maybe because I am not a typical obedient boy and teachers think I'm so into my world without listening to them. When I was in public school, sometimes I get physical punished by teachers to make me obey the rules, but I'm sick of it and all those resulted to the hatred to study and school”.

“But when I stepped into the field of international education, I found out there is really a place for me to be myself. I could always explore freely and also to dive into a discussion without worrying other people's opinions. And teachers always encouraged me here. And influenced by this inclusive environment, I gradually form excellent study behaviors since you found out everyone else was doing so”, said by him.

When speaking of the influence of teachers, he expressed his deeply thanks for every teacher who has taught him. Their advanced thinking, their inclusive mind-sets have influenced him a lot and guided him to be a more confident and vibrant teen.





3 逆流而上的男孩，热爱抵万难

帝国理工学院的面试上，教授向刘瑞淞问了一个问题：“现在内燃机汽车都已经开始下坡路了，电车和混动汽车越来越好，为什么你还想学这个东西？”

直到现在，他都在思考。确实，新能源造车的浪潮一丛推着一丛，这些汽车没有机械手刹，没有变速箱，也没有发动机，反而电池、电机和电控取代了它们，就像新能源汽车领域的人才，也在慢慢取代传统的汽车工程师们。

但是，就像石英表永远无法取代机械表，燃油汽车的一些东西，是电车永远无法去体会的，那种排气的声音和机械结构的爆发感，远远不是电池能媲美的。

这个逆流而上的男孩思路清晰且坚定：“节能减排才是技术发展的核心方向。发动机目前的整体运转效率不高，严格意义上来说，继续深化内燃机核心技术储备，在提升动力的同时降低发动机油耗、排放表现，同样是一个不可懈怠的研究方向。行业呐喊的电动化，不是懈怠内燃机研发的理由。”

这种对内燃机的钻研劲和热爱抵万难的信念给帝国理工的招生官留下了深刻的印象。因为这种信念可以适用到很多事上，做成一件事，最重要的有时不是天赋，不是勤奋，而是发自心底的那种热爱，当你保持这份热爱，其他东西就会随之而来。

刘瑞淞不是个典型的学霸，至少他自己是这样认为。因为他似乎不具备传统意义上学霸的特质：努力、刻苦、上进、整天泡在图书馆。但不可否认的是，他真的很优秀：A-Level物理、化学、数学、高阶数学门门名列前茅，课余钻研最新最前沿的内燃机成果，在校期间更是在各个学科竞赛中获奖无数……因为他明白学习的意义和目标。

翻开他厚厚的履历，我们惊讶于他丰富的竞赛经历和超群的学术能力时，刘瑞淞却略显淡然，因为对他来说，这只是一个自由自在做自己的男孩，刚好发现了一片心驰神往的新大陆，并为之全力以赴而已。

高中生活即将结束，未来广阔的图卷将在这位新一代青年面前徐徐展开。对于他的未来，我们相信帝国理工学院的学习只是他人生规划上的一个阶段性小目标，在机械工程的启发下，在制造更有效率的发动机的理想照耀下，他还将开启一扇扇全新的大门，凭借自己所学真正参与到改变世界的进程中，引领技术变革！

3 A boy with passion and determination can conquer any obstacles ahead

During the admission interview of the Imperial Collage London, a professor raised a question to him “ facing the downturn of mechanical engineering, especially the combustion engineering, why you still insist on learning this subject? When pure electronic and hybrid electronic vehicles are on the rise?”

Until now, Liu has been considering about this question. The professor is exactly right upon this issue. In the current world, new waves and new concepts of electronic and new energy vehicles production are emerging from time to time. Electronic cars are produced in a much simple way - batteries and electronic control replace traditional hand brake, gearbox and engine. Just like the traditional vehicle engineers are gradually replaced by those newcomers in new energy field.

But not everything in this world has a substitution, just like quartz watch can never replace stem-winder. The magnificence of fuel vehicle in incomparable, just like the sound of the exhaust and the explosion of the mechanical structure, far exceeding electronic vehicle.

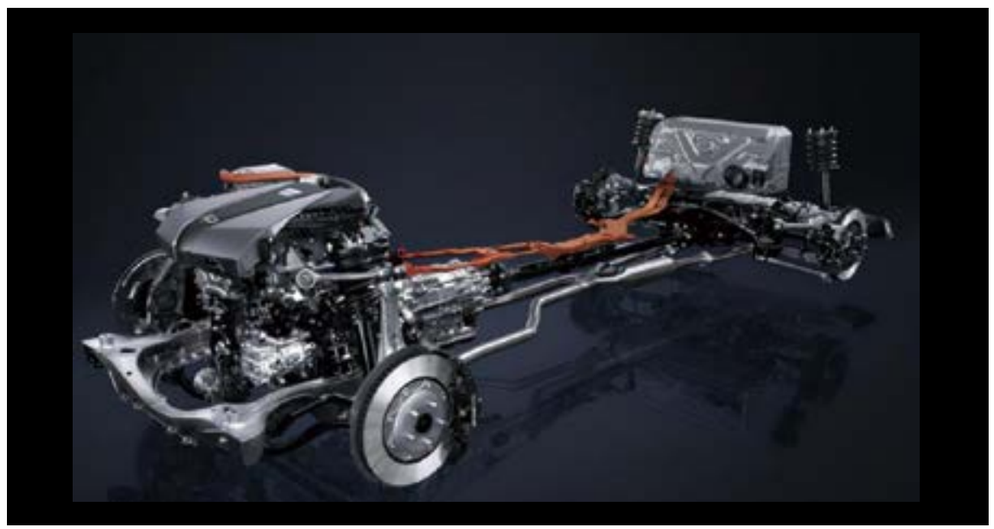
Liu has a determined future plan “ energy and emission reduction is the core technology in the future. At the present the efficiency of engines has a lot of room to improve, so technically speaking, the study of increasing efficiency and meanwhile reducing emissions of combustion engines is of significant importance. And electrification should never be an excuse of abandoning traditional study of mechanical engine.

He left a deep impression to the admission officer of the Imperial College London through his dedication spirit to study combustion engine. Because sometimes dedication to a single goal can really lead you to success, instead of pure talent. Dedication means passion, and when you hold the passion to accomplish a goal, the success will eventually comes to you.

Liu Ruisong is not a typical straight A student, at least by his own light, since the normal stereotype of being a super scholar is the one who always immerse himself in the library. But it is undeniable that Liu is such an excellent student who masters A-Level subjects including physics, chemistry, math and advanced mathematics. And his spare time has been used for combustion research and competing in international competition which gained him countless awards. He is the one always has his own goals inside his mind.

When we unfolded his resume, we were astonished by his intelligence and capabilities. But he seems indifferent to his achievements, because but he did is what love, he would spare no effort to pursuit the goals he wants.

High school life is about to come to an end, and the brilliant future is right in front him. For him, we believe the study in the Imperial College London is only a milestone, he is about to unveil his own brilliant stories of researching in combustion engine with a life-time goal of making this machine more productive and useful, maybe he could lead a technological reform, let's wait for more exciting news from him to come!





郭玥
Guo Yue

伯克利音乐学院
Berklee College of Music

流行演唱
Pop Singing

半路决然转向音乐赛道，唱出自己内心向往的歌
Be an Impactful Idol Driving by Passion and Inspiration of Music

“如今音乐梦这个词在很多人眼里都不再纯粹，但在我看来，我只是想唱出自己内心向往的歌。”

眼前这个有着小小理想的姑娘是来自北京爱迪学校美国高中的郭玥，她有着丰富绚烂的成长故事——戏剧表演中活灵活现的出演者，各大校园活动中的耀眼歌手，现在还是半路转换赛道的明日之星 .....

当我们逐渐走近这个开朗、自信、谦和、爱唱歌的女孩，然后发现，这位葆有“脚踏实地”和“仰望星空”的学生，其实从十一年级才开始下定决心奔赴音乐之梦，到成功申请伯克利音乐学院的王牌专业流行演唱专业，她只用了一年时间。她告诉我们。“完成这些事最重要的动力是热爱，最关键的原因则是多年探索尝试的厚积薄发。”

“Sometimes people may perceive music as commercial, but by my light, the passion for music grows from my deep love, and I sing what my heart tells me”, said Guo Yue, a student from Beijing Aidi School American Senior Education.

She is an ambitious girl with rich experiences in singing and performing, also an attractive performer in drama show, a shining singing star in ceremonies and events, and a future idol.

As our conversation went deeper, we found out she turned her future path to music in her Y11, which was comparatively a late choice compared with other mates. But she made it, with only one year, she gained the offer from Berklee College of Music, one of the most preeminent art universities in the world, majoring in Pop Singing, a top major in this school. “ The momentum grew from my passion and love for music, and the success nurtured from years of endeavor”, said her.



1 理想与热爱的迸发
是探索尝试的厚积薄发

“音乐对我来说是丰富的生活中的一个重要组成元素，是生活的必需品。从小时候到即将成年，音乐一直陪伴着我度过，记录了我所经历的点点滴滴。”在郭玥看来，众多专业领域中，是她义无反顾地选择了音乐，同时也是音乐选择了她，这是一个水到渠成的结果。

郭玥七年级转学来到爱迪之后，出演了人生中第一次英文剧。她已经不记得那部剧的名字叫什么了，却还依稀记得当时那紧张、羞涩、手足无措的情形。舞台上唱破了音、跳错了动作、大脑一片空白.....各种突发状况混杂着，向她袭来。这时，台下响起了轰鸣的掌声、鼓励的加油声，支撑着她终于完成了虽不甚完美，却是完整坚持下来的第一次舞台表演，也开启了她之后精彩纷呈的舞台生涯。她谈到，“这是一次充满坎坷的开始，却让我从胆怯走向自信，一次次敢于站在舞台上展现自己。”

之后，她内心的探索之心开始长出无数的分枝，遍地生花于各个校园舞台上。在新年歌会中和同学们合唱欢庆辞旧迎新，在夏日嘉年华中洋溢青春活力.....

除此之外，她还是一位活跃在舞台上的戏剧人，在《金大班的最后一夜》中成为历经岁月却仍风华绝代的“金大班”歌唱自己的年华和过去，在《我不是药神》中传递真善美.....

谈起这六年的时光，郭玥充满感慨：“正是学校中许多或独奏或团体演出的机会，让我没有舍弃对音乐的热爱，也让我有了厚积薄发的结果。”

“在过去的六年里，我一次又一次见证了她在舞台上的成熟与蜕变。我还记得她初中还是个小女孩时，就被选为合唱团的主唱之一，参加了夏日嘉年华等大型校园演出活动等等。他们拥有比自己想象更大的潜能。在浓厚的艺术氛围中，越来越多的学生受到感染、沉浸其中甚至立为自己的人生方向，这是最让我感到骄傲与自豪的一点。”北京爱迪学校艺术总监毕德宝说道。





1 The love for music
nurtures in years of
try and dedication

“Music is a very prominent component of my life, and it is dispensable of my growth which records all trajectories in life”. In her own light, music is her destiny. And it`s a natural end for her to dive into the future of music.

The memories still are vibrant when she recalls her first on-stage experience, which was playing a part of a drama in English. The feelings nerves, shy and panicked, and she encountered many unexpected situations like mistaking steps and singing in wrong rhymes...but out of her expectation, the audiences down the stage were tolerant, their big applauds gave her courage and enables her to finish her show, even in an imperfect way. As a very starting point of her stage career, she said “ I gained confidence from my first experience on stage, even it`s not perfect, but I`m not intimidated by performing anymore”.

After that, her “stage” career official took off. Her footprints were left in all kinds of school events and galas, where she flexed her abilities and demonstrated her love for art.

Besides that, she is an active enthusiast of drama shows. She demonstrated her passion for performing in The night of madam Kim as madam Kim, a woman who has been buried by sorrows once, but still stands strong and remains glamorous, and also she conveyed a positive and kind figure in Dying to Survive to her audience, which was incredible in acting and sentimental in expression of emotions.

When looked back, Guo was grateful that Aidi provided her with numerous opportunities to perform, no matter by solo or by group, which kept her going in her pursuit of music, and all those endeavors came to a good end.

Bi Debao, Art Director from Aidi spoke about her “ I have seen this girl from her early performance till now, 6 years have passed, and she has totally transformed into a mature and inspiring person, with all her strength and potential unleashed. Immersed in this art environment, more and more students found their goals for the future”.





2 半路转换赛道，冲向音乐之梦

收到伯克利音乐学院流行演唱专业offer的那一刻，郭玥激动地跳了起来。对于她来说，这是对她所有努力和付出最好的见证和认可。

“我是从十一年级才决定将音乐设为专业方向。”郭玥坦言，自己之前从未学过乐器和唱歌。如果没有对唱歌的热爱和从小在舞台上展露的音乐天赋，她大约会按部就班地读书、毕业、升入一所国外大学学商科。但是突然有一天，郭玥翻着手里的商务课本，一想到未来十几年都要在自己并不热爱的领域深耕该是多么痛苦的事，于是她开始思考自己未来的方向，是不是还要沿着原路走下去。

凭借一腔热血和激情，郭玥奔赴自己的音乐之梦，并在专业老师的不懈支持和谆谆教诲下，为自己的未来拼出一个明天。

2021年郭玥过得十分忙碌。她回忆起自己准备作品集的那段“疯狂”的日子：白天完成学术任务保证高GPA，晚上学习声乐知识、录音并准备作品集。她准备了四首歌曲，每首歌都练习了至少100遍，直至烂熟于心，甚至唱到嗓子发哑。

终于，苦尽甘来，她的专业性和技巧性在短短不到一年时间内有了极大的提升，在伯克利音乐学院的面试中她更是通过和声及旋律的组合即兴发挥出了超常水平。“让每一个音符进到身体里，才会有自由发挥的空间。即使唱别人的歌曲，也要有自己的个人风格加入其中，可能到了最后，它就变成了一种描绘我个人的歌曲，向面试官传递了我是一个怎么样的人，真正的我是什么样的。”

虽然郭玥还是感到丝丝遗憾：“如果我能从小学习声乐，如果能再给我一点时间，我可以做得比现在更好。”对此，她衷心地建议同她一样有音乐之梦的学弟学妹们，“如果你也热爱音乐，那就大胆去追吧。人生只有一次，不妨大胆一些，去攀一座山，去追一个梦！”

2 Follow the voice from my inner heart to pursue my music dream in the halfway of schooling

The moment when she was aware of recognizing by Berklee College of Music, she was so thrilled because that proved anything, for all her hard-works dedication.

“I've set my path to music late until my Y11”, said her. Before that, for a girl who never learned music systematically, was supported to have a fixed stereotype of life path - studied Commerce at one university. But in a just one normal day, when she went through the commerce book in her hand, suddenly a thought jumped into her mind “Would I be truly happy if I study Commerce, a subject I don't really like but I will need to pull years of endeavors to it to complete learning?”, and after that, she decided to review and reset her future path.

Initially driven by passion and intuition, she officially turned to music pathway, and her music career went viable under the guidance of teachers with disciplinary expertise.

2021 was quite a busy year for her, she still remember those “mad” days when she was buried by the works of portfolios preparedness - with daytime fully devoted to GPA record and nighttime for acoustic knowledge learning and portfolio compiling. She prepared 4 songs and with every and each one of them had been practiced for a hundred times, without notice her throat went hoarse.

At last, luckily, all came to a good end. She nailed a significant improvement in techniques and expertise within 1 year, and she excelled in her daily performance during the admission interview with Berklee College of Music. “embrace each and every note and synchronize with it, that's how i sing”, said her. “Music was a portal for me to connect with interviewers, I illustrate my stories to them through it”.

“If I made my decision earlier and systematically trained for music since I was little, I could do better”, she said regretfully. So a few tips to the younger peers “ We only live once, so whatever your dream is, go for it!”.



3 “我想唱出内心向往的歌”

如果你聆听过这个女孩的现场演唱，你会发现她的声音一如既往的有辨识度，略带沙哑，却有穿透力，歌声有着饱满的情愫，随着歌声一齐起伏，似乎与观众的内心都产生了某种共振，常常让人想穿越歌声，走入到那一片广袤深邃的天地，去看看这个姑娘的小世界是什么样的，又是什么让她有如此独特的心境。

“我一开始也并不能精准地把握歌曲所蕴含的情感。”郭玥说，“但我知道情感对于唱歌的重要性，如果唱歌没有情感，无论歌声多么动听，那都是做无用功。老师告诉我心里要有感情，表情要有感情，才能表达出感情，只有让声音达到唱的感觉，才能有声音的质感。后来我就一遍遍地听原唱、试着结合自己的经历去想象，去向往，去希望，以此为舟，感受在歌声中闪耀的爱的回忆和瞬间。”

郭玥坦言自己不算刻苦努力或天赋异禀类型，她只是恰巧找到了所向往的那片理想之地：“慢慢地，在这个过程中，我感受到了一种情有独钟的只属于我的自我表达，音乐，也可以成为记忆的触发点、情感的宣泄口、自由的呼喊声。我想唱出内心向往的歌，为此我燃烧着，一发不可收拾。”

伯克利音乐学院素有“明星工厂”之誉，培养了众多熟知的歌手和音乐人，比如顾嘉辉、翁清溪、张弘毅、王源、刘宪华、欧阳娜娜、希林那依·高、钱正昊……而在这所学院，流行音乐更是最耀眼的一个专业领域。

多元、专业、融合、充满活力的人文气息坚定了郭玥去到伯克利深耕流行演唱专业的决心，“这给我很多与国际上的音乐大咖们见面交流的机会。未来，我希望自己可以投身于音乐产业领域，唱自己的歌，帮助别人唱歌，有机会的话，希望能开创自己的音乐厂牌，但还有很长的路需要走～”

从懵懂少女到明日之星的跨越，她身上最大的感染力在于对音乐的热爱，我们印象最深的是她眼中的光，只要谈起唱歌，只要谈起去到伯克利深造，只要谈起未来在世界舞台上唱属于自己的歌的可能性，她身上的稚气被眼中坚定的光取代。

在这个即将走向更广阔天地的时刻，我们以最真诚的目光祝愿她永葆最纯粹的理想与热爱，看见未来之路满眼的鲜花盛开！



3 Sing what my heart tells me

You can easily recognize her voice, a little bit hoarse, but full of sentiment and can directly penetrate your heart. Most importantly, her songs can somehow enable you to resonate with her, and to grow an interest in her personality.

“At the very beginning I find it hard to grasp the essence the spirit of a song. But I know how emotion plays a vital part in singing, without it, your songs will be empty. Only by carrying feelings and love deep inside, you can present a quality song. So when I sing, I would let my memories and imaginations fly, and to recall those cheerful moments in the middle of singing. That's how I make my songs alive”, said her.

Guo confessed that she is neither super talented nor super hardworking, and she just happened to find her roots of love, a career that she's willing to spend her whole life fighting for. “Just unconsciously, I found out my inner peace in music, where I have my own free land to settle my emotions and memories, where i can easily express my wills, my feelings and my judgments, where I feel so liberated and feel like myself. Music lit my life”, said her.

Berklee College of Music is often called “Celebrity Factory” by people, since it cultivates countless singers and musicians, like Gu Jiahui, Weng Qingxi, Zhang Hongyi, Wang Yuan, Liu Xianhua, Ouyang Nana, Xilinay, Gao Qian Zhenghao...And among all the majors, Pop Music is absolutely a pioneering major.

This well-known university embodies its shared values in five principles - diversity, professionalism, integration vitality and interculturality, which are highly admitted by Guo Yue and strengthened her determination to study there. “Through which, I could meet a lot of international renowned big names in this industry. And for the future, I would sweat and devote into this music, sing my own songs and help others with their music career, and if there's a chance, I would set up my own brand. The road is long.” said her.

Her interest in music will water her “seed of singing” into a towering tree. Her passion for music leads her transition from a naive girl to an impactful idol. We hope the lights in her eyes will never fade away, and the future stage belongs to her. We also help her to stay steadfast in her way to pursuing her dreams, and a brilliant academic results at Berklee. We look forward to seeing how she will continue to make a positive impact!





专注于科技进步，
Focused in Mind, Thriving in Action,

找到向上和行动的力量。
I Found my Power in Technology Achievement.

贾志豪
Jia Zhihao

帝国理工学院
Imperial College London

电子电气工程与管理
Electrical and Electronic
Engineering with Management

初见这个男孩，他的笑容明亮阳光，带着一股洒脱随性，彷佛没有什么能打扰到他对未来的向往；他的表达清晰有力，轻快地描述起自己在爱迪七年的经历和感受，一些独特的想法和别出心裁的认知，常常让我们忽略了他仅 18 岁的年纪。

他是来自北京爱迪学校英国高中的贾志豪，斩获帝国理工学院电子电气工程与管理专业 OFFER。据他讲述，他成长的大部分阶段，都是在不受干预的、几乎野生的状态下，实现了从中下游成绩到被帝国理工大学录取的惊人飞跃，完成了从迷茫到笃定的自我探索。让我们一起聆听他的成长故事。

When we first met, we were easily attracted by his brisk smile, he looked so bright and so at ease, as if nothing could disturb his expectations for the future; He also showed a strong interpersonal skill, good reasoning and unique cognition, which was not supposed to show at his age of only 18. He described to us his past 7 years in Aidi, which is a brilliant study period, let`s get to know him now.

He is Jia Zhihao from Beijing Aidi School British Senior Education, who has gained the offer of the Electrical and Electronic Engineering and Management program at the Imperial College London (IC). He said that he spent most of his childhood in an uninterrupted, almost wild way, achieving an amazing leap from middle and lower grades to admission to the IC, completing self-exploration from confusion to determination. Let's hear his story.



1 初中以前，我的成绩一直是中下游

贾志豪自小长在一个开明包容的家庭，父母对成绩、升学没有严格的硬性要求，妈妈的教育理念就是希望他成为一个每天都快乐的人，爸爸的教育理念是希望他成为一个有责任与担当的男子汉。除此之外，他的人格塑造基本是自己决定的。

小时候他的父母不管他玩游戏，那时他就天天玩，玩到大了之后，自然而然就不想玩。在贾志豪看来，玩游戏会累，会觉得空虚、无聊，没有任何社交属性，不如把时间用来打篮球、弹吉他。

最开始他的成绩是中游偏下，数学和物理有赖于初中老师基础打得不错，然而课程难度骤然提升、化学基础薄弱、同学不断取得成就还是让贾志豪感到了一丝丝压力。从那之后，贾志豪开始有了自主学习的意识，有意识地去学习、课上认真听讲、课下有序复习。“不过这种感觉是不一样的，别人没有给我任何压力，反而是我自己开始认识到学习的重要性，想要改变这种落后的现状，想要提高成绩。”

但真正学起来，他发现没有想象中痛苦煎熬的体验，“反而那时候我觉得上课特别开心，一是老师教得好，二是学术氛围真的浓郁。”在这个过程中，贾志豪获得了强烈的正向反馈——不断地学习，提升知识储备，循着这种惯性，他也有了学习的动力，维持自己的好成绩，高中阶段贾志豪一直名列前茅。

选择英国高中是父母和贾志豪一起做的决定。在这里，不止能收获名校OFFER，还有许许多多的成长。这样的集体是每个人都愿意尽心尽力去融入并为之贡献。“大家的关系都很和谐，无论是老师和同学之间或者是同学和同学之间的关系都十分融洽，所以身处其中自己感到舒适。”贾志豪将这种触及心灵的感觉称之为“归属感”。

谈起对他影响颇深的班级氛围，他说道，“在爱迪，我身边都是这样的学生，他们都很鲜活，不是一个模子出来的学霸，有自己的想法和目标，有独特的特长和个性，比如有人写了一手行云流水的钢笔字，有人对某一类动漫、影视特别有见解，有人会马术，有人对内燃机研究颇深。在该努力学习、取得优异标化成绩的时候，大家都会收起玩闹的心思，去做该做的事。”

这给了贾志豪很深的触动。于他，正是这些日积月累的正向影响帮助他一步步完成自我觉醒的过程，寻找到全力以赴的方向，迈入dream school帝国理工学院。





1 Before junior high school, my grades were always in the middle and lower reaches

Jia Zhihao grew up in an enlightened and embracing family where his parents have no strict requirements for grades and further education. His mother's educational philosophy is that he will become a happy person, and his father hopes that he will become a responsible and responsible man. In addition, his personality shaping is self-determined.



When he was a child, his parents didn't care about him playing games, and at that time he played every day, but when he got older, he naturally didn't want to play. In Jia Zhihao's view, playing games made him tired, empty and bored without any social attributes, so it is better to spend time playing basketball or guitar.

In the beginning, his grades were lower in the middle, and mathematics and physics depended on the teaching of junior high school teachers, but the sudden increase in the difficulty of the course, the weak academic foundation of chemistry, and the continuous achievements of his classmates still made Jia Zhihao feel stressed-out. "But this feeling is different since others did not give me any pressure, but I began to realize the importance of learning and feel like improving my academic performance."

But when he started to make an effort, he found that there was no imaginary experience of pain and suffering, "on the contrary, at that time, I felt that the class was particularly happy. One reason was that the teacher taught well, and the other was that the academic atmosphere was really strong." In this process, Jia Zhihao has obtained strong positive feedback - continuous learning, and improving knowledge reserves. Following this inertia, he also had the motivation to learn and maintain his good grades. Jia Zhihao has been ranked among the best in high school.

Choosing a British high school was a decision made by parents and Jia Zhihao together. He could not only harvest the offer from famous universities but also a lot of growth. Such a community is one in which everyone is willing to do their best to integrate and contribute to it. "Everyone's relationship is very harmonious, whether it is between teachers and classmates or among classmates, so I felt comfortable in it." Jia Zhihao called this feeling of touching the heart a "sense of belonging."

Talking about the class atmosphere that had a deep impact on him, he said, "In Aidi, I am surrounded by students creative. Unlike model students with similar minds, they have original ideas and goals, unique strengths, and personalities. For example, someone had beautiful and smooth handwriting, some had a special opinion on a certain type of animation, film, and television, some were good at equestrian, and some had deep research of the internal combustion engine. When it is time to study hard and achieve excellent results, everyone will stop their entertainment and do what they should do."

The experience gave Jia a deep touch. For him, it was these accumulated positive influences that helped him step by step through the process of self-awakening, finding the direction of full strength, and entering his dream school Imperial College London.

2 从弹吉他的兴趣爱好，萌发对电子工程的热爱与理想

在这样潜移默化的氛围下，贾志豪逐渐树立了自己的规划和目标。

学术之余，贾志豪自学并学会了弹吉他，他花了很多时间来了解吉他拾音器的独特机制并尝试自己制作了一个吉他拾音器，它的表现非常出色，甚至超出了原有的设想。这小小的成功尝试鼓舞了贾志豪去创造更多有价值的装置的想法，也是他选择电子工程专业的起点。

他一直对发明电子装置葆有着浓厚的好奇之心和探索兴趣。物理课上他学会了分析复杂的电路，并开始接触各种电子元件的主要应用。他自学了运算放大器如何把输入信号转成有用的输出信号，并尝试理解N型和P型半导体的原理和应用。

随后，他专注于将理论知识应用于实际。他通过运算放大器比较热敏电阻在分压器中提供的电势和恒定的输入电信号，使用比较器构建了一个简单的温度控制系统。之后，他又研发了一款笔尖保护系统，为笔尖提供自动保护。原理是当加速度传感器检测到笔下降时，系统将自动激活保护器基于笔内的电磁效应。这次经历强化了他对电子工程研发应用的信念，他开始参加更多学术实践活动提升自己的知识储备。

在伦敦国际青年科学论坛期间，他设计了一个小系统，用于通过添加逻辑门在距离传感器检测到制动故障时切断电动机的电源系统，模拟了一个实际的汽车制动情况。这个小系统可以用以评估汽车制动系统的功能性并提高其整体安全性。

从英国物理思维挑战赛、英国化学奥林匹克竞赛、澳大利亚数学思维挑战赛，到袋鼠数学竞赛等等，他一直参加各种学术比赛来挑战自己，用别出心裁的方法解决具有挑战性的课题研究，并获得了优异的成绩。而这一切的一切，终成为了他自我驱动下努力的功勋章。







2 From a hobby of playing the guitar to the passion and ideal for electronic engineering

Under such a subtle atmosphere, Jia gradually established his plans and goals.

He spent a lot of time understanding the unique mechanism of guitar pickups and tried to build his guitar pickup, which performed very well, even beyond the original expectation. The small successful attempt inspired Jia to create more valuable devices and was the starting point for his choice of electrical engineering.

He always had a strong curiosity and interest in inventing electronic devices. In physics class, he learned to analyze complex circuits and was introduced to the main applications of various electronic components. He taught himself how operational amplifiers convert input signals into useful output signals and tried to understand the principles and applications of N-type and P-type semiconductors.

He then focused on putting his theoretical knowledge to practice. He built a simple temperature control system using a comparator by comparing the potential provided by a thermistor in a voltage divider with a constant input electrical signal through an operational amplifier. He then developed a pen tip protection system to provide automatic protection for pen tips. The principle is that when the acceleration sensor detects that the pen is falling, the system will automatically activate the protector based on the electromagnetic effect inside the pen. This experience strengthened his belief in the application of electrical engineering research and development, and he started to participate in more academic and practical activities to enhance his knowledge base.

During the London International Youth Science Forum, he designed a small system for simulating a real car braking situation by adding logic gates to cut off the power system of an electric motor when a distance sensor detects a braking fault. This small system can be used to evaluate the functionality of a car's braking system and improve its overall safety.

From the British Physics Challenge, the British Chemistry Olympiad, and the Australian Mathematics Competition to the Math Kangaroo and many more, he has been participating in various academic competitions to challenge himself and achieve outstanding results in solving challenging research topics with an original approach. And all of this has eventually become a merit badge for his self-driven efforts.

3 未来将执着于科技进步和研发，这就是他即将奔赴的星辰大海

除了学业的光环外，贾志豪觉得自己就是个普通男孩。他也会浪费了很多时间在刷手机上，会在视频网站一刷刷10个小时，他也会觉得对今天什么也没做、即将来临的考试感到焦虑。对此，他心态十分平和，制定规划，提高效率，完成计划内的任务，才是最为关键的。

贾志豪家里从商，重实用，在这样的家庭环境中他长成了一个实用主义者。关于未来，他虽然没有那么远大的科学家梦想，却也有自己想要奔赴的星辰大海。

他想做一些脚踏实地的工作，他想要研发更多实用的芯片，将自动控制系统更多应用到现实生活中。他相信大学阶段的学习可以满足他的求知欲，并在更深层次上推进个人兴趣。理工科的学习已经为他的深造奠定了坚实基础，他希望通过更多学科的融合，探索电子工程应用的更多可能。

不过这个善于和人打交道、有着自己的处世之道的自信男孩也有着其他的想法——开创自己的科技公司。“将自己的电子产品推向更多的人，这是将自己对电子产品研发的学术兴趣和未来商业成功的成就价值相结合的最佳方式。”而他已经在路上。

静静聆听下来，这是一个旁人夸赞、朋友信任、与“空心人”截然相反的大男孩，但这却不是一个一路光鲜的成长故事，不是一个从小到大一直优秀的“别人家的孩子”，但这更让我们为他一路的的探索、感知、体会、反思感到敬佩。

可能换一个环境，贾志豪会被贴上“不爱学习、不听话、不务正业”的标签。但是在爱迪，你会发现很多学生都是低进高出，入学的时候成就不一定是拔尖的，或者被体制教育留下过不好的经历，但是进来之后，经过数年的学习、生活，他们都收获了巨大的成长，或创新思维、或探索精神、或自我追求、或心怀他人，在不同领域有所小成，从刷题机器变成了一个鲜活的“自己”。

心有猛虎，细嗅蔷薇。我们坚信，经历过无数无垠黑夜和那么多奋力思考后的贾志豪，定会奔赴自己的星辰大海！







3 Obsessed with scientific and technological progress as well as research and development, he is seeking the pot of gold at the end of the rainbow.

Apart from the highlighted academic achievements, Jia Zhihao feels he is just an ordinary boy. He also wastes a lot of time on his smartphone, spending 10 hours browsing a video site, he also feels anxious about not doing anything today and the upcoming exams. He is very calm about this and believes it is crucial to make plans, increase efficiency and complete the tasks within the plan.

Jia's parents are practical businessmen, and he grew up to be a pragmatist in such a family environment. Regarding the future, although he does not have such an ambitious dream of being a scientist, he has dream work.

He wants to do some down-to-earth work, develop more practical chips and apply more automatic control systems to real life. He believes that studying at the university will fulfill his desire to learn and advance his interests at a deeper level. His studies in science and engineering have already laid a solid foundation for his further studies. He hopes to explore more possibilities of electronic engineering applications by integrating more disciplines.

But this confident boy who is good at socializing and has his way of dealing with the world also has another dream - starting his own technological company. "Bringing your electronics to more people is the best way to combine your academic interest in electronics development with the achievement value of future commercial success." And he's already on his way.

After listening to his story, I found that this is a big boy who is praised by others, trusted by friends, and the opposite of the "hollow man". This is not a bright growth story about an outstanding child who has been excellent since childhood, but this makes us admire his exploration, perception, experience, and reflection along the way.

In a different environment, Jia Zhihao would have been labelled as “less interested in the study, disobedient, and unprofessional". However, at Aidi, you will find that many students are low achievers, not necessarily top achievers when they enter the school or have been left with bad experiences by the system. But after several years of study and life here, they have all gained tremendous growth, innovative thinking, exploratory spirit, self-seeking or care for others, have made small achievements in different fields, and have transformed from a problem-solving machines to a vivid individual.

In them, the tiger sniffs the rose. We firmly believe that Jia Zhihao, after experiencing countless boundless nights and so much hard thinking, will run to his dream future!


AI DI SCHOOL